

# Exhibit D

## MICHIGAN DEPARTMENT OF CORRECTIONS



### Kite Response

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Patient Name	DERICO THOMPSON	Age	45 Years
Date Received		09/09/2019	
Time Received			
Taken By	Carol Williams, RN		
Date Initiated	09/08/2019		

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### Action & Resolution

<u>Date</u>	<u>Time</u>	<u>User</u>	<u>Detail</u>
09/09/2019	11:12 AM	Carol Williams, RN	Schedule Nurse Sick Call approx 09/10/2019 with RN by Carol Williams, RN. Reason: back pain, given exercises for sciatic nerve but not effective.

### Other

Reason: back pain, given exercises for sciatic nerve but not effective.

THOMPSON, DERICO

1/3

## MICHIGAN DEPARTMENT OF CORRECTIONS

## NURSE PROTOCOL

SITE: KCF

COMPLETED BY: Trisha L. Kubont, RN 09/10/2019 9:07 AM

Swelling? No.

Bowel &amp; Bladder Function

N/A to complaint (no complaints of back pain).

Loss of control of bowel or bladder with back pain? N/A.

Urine dipstick?: Not indicated.

Weakness on right side due to pain, gait labored due to pain and weakness on right side.

**Assessment:**

Alteration in comfort

Related to: back pain,

**Plan:****MEDICATIONS**

Start	Stop	Medication	Dose	Rx Units	Issued Sig Desc
09/10/2019	09/13/2019	Ibuprofen	200 Mg	Stock	24 Follow directions on package

**ORDERS**

Status	Order	Reason	Date
ordered	Nurse Sick Call : Recheck back pain, renew HWB if effective.		09/13/2019
ordered	Medical Equipment/Supplies: hot water bottle		
completed	Take new medication as prescribed		09/10/2019
completed	Discussed treatment of recheck with nursing in 4 days		09/10/2019
completed	Patient was reassured		09/10/2019
completed	Warm compress		09/10/2019
completed	Patient education provided and patient voiced understanding		09/10/2019
completed	Heat applications pm		
completed	Patient education provided		

Document generated by: Trisha L. Kubont, RN 09/10/2019 9:28 AM

Provider: Wendy K. Jamros NP

NAME: THOMPSON, DERICO J



## MICHIGAN DEPARTMENT OF CORRECTIONS

## NURSE PROTOCOL

SITE: KCF

COMPLETED BY: Trisha L. Kubont, RN 09/10/2019 9:07 AM

Patient Name: DERICO THOMPSON

DOB: [REDACTED]

ID#: [REDACTED]

Patient presenting with chief complaint(s) of: Musculoskeletal, Procedure/Lab.

## Vital Signs:

Date	Time	Temp	Pulse	Pattern	Resp	Pattern	BP	Sp.O2	Peak Flow	Weight Lb
09/10/2019	9:12 AM	97.8	58		16		126/73			158.60

## MUSCULOSKELETAL

## Subjective:

Affected body part: right buttock and down right leg.

Date of Onset: 08/27/2019.

Previous history? Yes. Comments: On the other side a few years ago but it was not like this.

Previous treatment? Yes. Comments: Stretching, HWB

I was doing toe touches and abdomen machine a few weeks ago and I felt my back tighten. Now the pain is so bad I can barely walk or turn over in the bed. Both my legs tingle & my right side goes numb

## Objective:

Examination of lower back, glutes.

Tenderness? Yes.

Palpable distal pulses? Yes.

Pain with movement? Yes.

Sensation intact? Yes.

Spasms? No.

Range of motion (WNL)? Yes.

Weakness? Yes.

Discoloration? No.

Warm to touch? Yes.

Tingling? Yes.

Gait (WNL)? No.

Numbness? Yes.

NAME: THOMPSON, DERICO J





**MICHIGAN DEPARTMENT OF CORRECTIONS**

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PATIENT: DERICO THOMPSON  
DATE OF BIRTH: [REDACTED]  
DATE: 09/10/2019 9:07 AM

**MEDICAL DETAIL ORDERS**

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<u>Start Date</u>	<u>Stop Date</u>	<u>Ordered</u>	<u>Ordered By</u>	<u>Order</u>
09/10/2019	09/13/2019	09/10/2019	Trisha L. Kubont, RN	Medical Equipment/Supplies: hot water bottle

Document generated by: Trisha L. Kubont, RN 09/10/2019 9:24 AM Facility: KCF

Name: THOMPSON, DERICO

## MICHIGAN DEPARTMENT OF CORRECTIONS

## NURSE PROTOCOL

SITE: KCF

COMPLETED BY: Jessica L. Knack, RN 09/13/2019 9:44 AM

Bowel &amp; Bladder Function

Loss of control of bowel or bladder with back pain? No.

Urine dipstick?: Not indicated.

Right back is hard to palpation. Pulse in leg is +2, strength is equal, skin warm to touch.

## Assessment:

Alteration in comfort

Related to: back pain,

## Plan:

## MEDICATIONS

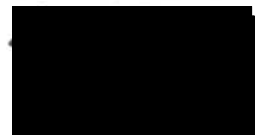
Start	Stop	Medication	Dose	Rx Units	Issued Sig Desc
09/13/2019	09/18/2019	Pain Relief	325 Mg	Stock	24 Follow directions on package

## ORDERS

Status	Order	Reason	Date
ordered	MP XNR : back pain and spasm, leg pain and numbness	(saw pt today)	09/13/2019
ordered	Nurse Sick Call : recheck back spasm, leg pain and numbness		09/17/2019
ordered	Medical Equipment/Supplies: hot water bottle		
ordered	Other: medline at 0830, 1230, 1920		
completed	Follow exercise program		09/13/2019
completed	VO from W. Jamros for Flexeril 10mg tid x 5 days and Medrol dose pak as directed		09/13/2019
completed	Physician contacted for same day treatment and orders		
completed	Heat applications prn		
completed	Medication allergies and other contraindications reviewed & pregnancy ruled out prior to treatment		
completed	Patient education provided		
completed	Sick call if symptoms do not subside or become more severe		
completed	Warm compress		09/13/2019
cancelled	Other: medline 3 times a day		

Document generated by: Jessica L. Knack, RN 09/13/2019 10:21 AM

NAME: THOMPSON, DERICO J



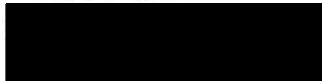
## MICHIGAN DEPARTMENT OF CORRECTIONS

## NURSE PROTOCOL

SITE: KCF

COMPLETED BY: Jessica L. Knack, RN 09/13/2019 9:44 AM

Patient Name: DERICO THOMPSON



Patient presenting with chief complaint(s) of: Musculoskeletal.

## Vital Signs:

Date	Time	Temp	Pulse	Pattern	Resp	Pattern	BP	Sp O2	Peak Flow	Weight Lb
09/13/2019	9:44 AM	97.9	60		18		123/73			158.40

## MUSCULOSKELETAL

## Subjective:

Affected body part: right hip and leg.

Date of Onset: 08/27/2019.

Previous history? Yes. Comments: seen 9-10-19

Previous treatment? Yes. Comments: stretching, HWB, ibuprofen

Recent injury? Yes.

Pain? Yes. Comments: rates pain 10/10, throbbing, sharp pain down right leg to above ankle, left leg numbness to toes

Pt states he is overtaking the ibuprofen without relief, pain has actually gotten worse over the past 3 days.

## Objective:

Examination of right hip and leg.

Tenderness? Yes.

Palpable distal pulses? Yes.

Pain with movement? Yes.

Sensation intact? Yes.

Spasms? Yes.

Range of motion (WNL)? No.

Weakness? No.

Discoloration? No.

Gait (WNL)? No.

Swelling? No.

NAME: THOMPSON, DERICO J





**MICHIGAN DEPARTMENT OF CORRECTIONS**

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PATIENT: DERICO THOMPSON  
DATE OF BIRTH: [REDACTED]  
DATE: 09/13/2019 9:44 AM

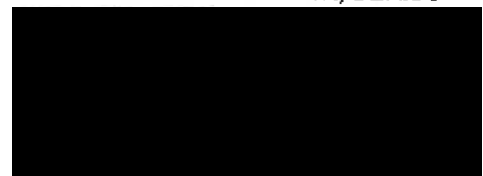
**MEDICAL DETAIL ORDERS**

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<u>Start Date</u>	<u>Stop Date</u>	<u>Ordered</u>	<u>Ordered By</u>	<u>Order</u>
09/13/2019	09/27/2019	09/13/2019	Jessica L. Knack, RN	Medical Equipment/Supplies: hot water bottle
09/13/2019	09/17/2019	09/13/2019	Jessica L. Knack, RN	Other: medline at 0830, 1230, 1920

Document generated by: Jessica L. Knack, RN 09/13/2019 10:13 AM Facility: KCF

Name: THOMPSON, DERICO



## MICHIGAN DEPARTMENT OF CORRECTIONS - BUREAU OF HEALTH CARE SERVICES

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PATIENT: DERICO THOMPSON  
DATE OF BIRTH: [REDACTED]  
DATE: 09/16/2019 6:40 AM  
VISIT TYPE: Chart Update

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**Chief Complaint/Reason for visit:**

This 45 year old male presents with bp review: no action necessary.

**History of Present Illness**

1. BP review: no action necessary

**Medications Active Prior to Today's Visit**

<u>Drug Name</u>	<u>Dose</u>	<u>Qty</u>	<u>Description</u>
Prednisone	10 Mg	1	Take as directed on package (from stock)
Pain Relief	325 Mg	24	Follow directions on package
Cyclobenzaprine Hcl	10 Mg	15	one tablet three times/ day (from stock)

**Allergies**

<u>Allergen/Ingredient</u>	<u>Brand</u>	<u>Reaction:</u>
Nka		

Document generated by: Wendy K. Jamros, NP 09/16/2019 6:41 AM

THOMPSON, DERICO

1/{#\_OF\_PAGES}

## MICHIGAN DEPARTMENT OF CORRECTIONS - BUREAU OF HEALTH CARE SERVICES

PATIENT: DERICO THOMPSON  
 DATE OF BIRTH: [REDACTED]  
 DATE: 09/25/2019 9:23 AM  
 VISIT TYPE: Provider Visit-scheduled

**Chief Complaint/Reason for visit:**

This 45 year old male presents with musculoskeletal: lumbago.

**History of Present Illness**

**1. Musculoskeletal: Lumbago**

**Additional comments:**

Patient suffered injury to low back ~9/17/19. He states he was row lifting 95#s and developed a spasm in his low back with RLE radiculopathy. He describes it as being in the lateral aspect of his hip to his knee (burning). He was seen by nursing for initial treatment. The back spasm has resolved but he still has the discomfort in his leg. No B/B incontinence. No saddle anesthesia.

**Allergies**

<u>Allergen/Ingredient</u>	<u>Brand</u>	<u>Reaction:</u>
Nka		

**Vital Signs**

<u>Date</u>	<u>Time</u>	<u>Height</u>	<u>Weight</u>	<u>Temp</u>	<u>Bp</u>	<u>Pulse</u>	<u>Resp.</u>	<u>Pulse Ox Rest</u>	<u>Pulse Ox Amb</u>
09/25/2019	9:20 AM	74.0	169.0	97.6	130/70	60	16		

<u>FI02</u>	<u>PeakFlow</u>	<u>Pain Score</u>	<u>Comments</u>	<u>Measured By</u>
				Wendy L. Ball, RN

**Physical Exam**

**Constitutional:**

Level of distress is awake & alert, mild distress. Nourishment type is well developed and well nourished. Overall appearance is age appropriate and good hygiene.

**Back / Spine:**

Spine is negative for posterior tenderness. Normal flexion. Normal lateral flexion.

Straight leg raising test with the patient sitting is negative.

**Extremities:**

No edema is present.

**Neurological:**

Level of Consciousness: Normal.

THOMPSON, DERICO

1/{#\_OF\_PAGES}

Orientation: Alert and oriented X3. Grossly normal intellect. .

Memory: Intact. .

Balance & Gait: Mild limp.

Deep Tendon Reflexes: DTR's preserved and symmetric. .

Psychiatric:

The patient's affect is normal.

#### Assessment/ Plan

Lumbago (724.2)

#### Medications ordered this visit

<u>Start Date</u>	<u>Stop Date</u>	<u>Medication Name</u>	<u>Sig Desc</u>
09/25/2019	10/03/2019	prednisone 10 mg tablets in a dose pack	Take as directed on package (start 9/26/19)
09/25/2019	09/25/2019	ketorolac 60 mg/2 mL intramuscular syringe	IM X one now
09/25/2019	09/25/2019	Solu-Medrol (PF) 125 mg/2 mL solution for injection	IM X one now

#### Medications stopped this visit

<u>Start Date</u>	<u>Stop Date</u>	<u>Medication</u>	<u>Dose</u>	<u>Sig Desc</u>
09/25/2019	09/25/2019	Ketorolac Tromethamine	60 Mg/2 MI	IM X one now
09/25/2019	09/25/2019	Solu-medrol	125 Mg/2 MI	IM X one now

#### Office Services

<u>Status</u>	<u>ApptDate</u>	<u>Timeframe</u>	<u>Order</u>	<u>Reason</u>	<u>Interpretation</u>
completed	09/25/2019	-today	Healthy Choices		
ordered	10/04/2019		MP Follow-up Moderate : XRAY results, Back and RLE condition	after TX	

#### Instructions / Education

<u>Status</u>	<u>Completed</u>	<u>Order</u>	<u>Reason</u>
completed	09/25/2019	Take new medication as prescribed	
completed	09/25/2019	Patient was reassured	
completed	09/25/2019	Follow exercise program	
completed	09/25/2019	Warm compress	
completed	09/25/2019	Patient education provided and patient voiced understanding	

#### To be scheduled/ordered

<u>Status</u>	<u>Order</u>	<u>Reason</u>	<u>Assessment</u>	<u>Timeframe</u>	<u>Appointment</u>
ordered	X-ray exam of lower spine, complete		Pain	724.2	09/26/2019

Document generated by: Wendy K. Jamros, NP 09/25/2019 11:56 AM

THOMPSON, DERICO

2/({#\_OF\_PAGES})



## MICHIGAN DEPARTMENT OF CORRECTIONS

PATIENT: THOMPSON, DERICO  
 LOCATION: KCF  
 PROVIDER: Wendy K. Jamros NP  
 CURRENT USER :Wendy K. Jamros, NP

### MEDICATION ORDERS

#### NEW AND RENEWED MEDICATION ORDERS 09/25/2019 9:32 AM

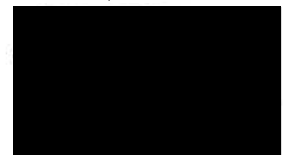
Start Date	Stop Date	Medication	Dose	Sig Desc
09/25/2019	10/03/2019	Prednisone	10 Mg	Take as directed on package (start 9/26/19)

#### MEDICATIONS STOPPED THIS ENCOUNTER

Start Date	Stop Date	Medication	Dose	Sig Desc
09/25/2019	09/25/2019	Ketorolac Tromethamine	60 Mg/2 ML	IM X one now
09/25/2019	09/25/2019	Solu-medrol	125 Mg/2 ML	IM X one now

#### MEDICATIONS TO START AFTER TODAY'S DATE

Name: THOMPSON,DERICO



MICHIGAN DEPARTMENT OF CORRECTIONS - BUREAU OF HEALTH  
CARE SERVICES

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PATIENT: DERICO THOMPSON  
DATE OF BIRTH: [REDACTED]  
DATE: 09/30/2019 10:56 AM  
VISIT TYPE: Health Assessment

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Chief Complaint/Reason for visit:

This 45 year old male presents with x-ray.

History of Present Illness

1. X-ray

Medications Active Prior to Today's Visit

<u>Drug Name</u>	<u>Dose</u>	<u>Qty</u>	<u>Description</u>
Prednisone	10 Mg	1	Take as directed on package (start 9/26/19)

Allergies

<u>Allergen/Ingredient</u>	<u>Brand</u>	<u>Reaction:</u>
Nka		

Document generated by: Michael J. Miller 09/30/2019 10:58 AM

[REDACTED] THOMPSON, DERICO

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## MICHIGAN DEPARTMENT OF CORRECTIONS - BUREAU OF HEALTH CARE SERVICES

PATIENT: DERICO THOMPSON  
DATE OF BIRTH: [REDACTED]  
DATE: 10/03/2019 12:01 PM  
VISIT TYPE: Provider Visit-scheduled

### Chief Complaint/Reason for visit:

This 45 year old male presents with musculoskeletal: lumbago.

### History of Present Illness

#### 1. Musculoskeletal: Lumbago

Additional comments:

DATE OF EXAM: 09/30/19

FACILITY OF EXAM: OFF-SITE

TYPE OF EXAM: LUMBAR SPINE, SIX VIEWS

FINDINGS: Side bending to the left is present. Mild facet joint arthritic changes are present of the lumbar spine. Loss of height of the intervertebral disc space at the L5/S1 level represents degenerative disc changes. The vertebral bodies are normal in size and shape. Marked fecal debris is seen throughout the course of the colon and rectal area to represent constipation.

#### IMPRESSION:

1. Mild facet joint arthritic changes of the lumbar spine.
2. Degenerative disc change at the L5/S1 level.

9/25/19: Patient suffered injury to low back ~9/17/19. He states he was row lifting 95#s and developed a spasm in his low back with RLE radiculopathy. He describes it as being in the lateral aspect of his hip to his knee (burning). He was seen by nursing for initial treatment. The back spasm has resolved but he still has the discomfort in his leg. No B/B incontinence. No saddle anesthesia. 10/3/19: patient states he continues to experience sharp/burning pain in the lateral thigh and now extending to his lateral calf (L5-S1 dermatome). He had brief improvement with Toradol and Prednisone. He has been doing simple stretches.

### Allergies

Allergen/Ingredient

Brand

Reaction:

Nka

### Physical Exam

#### Constitutional:

Level of distress is awake & alert, mild distress, due to pain. Nourishment type is well developed and overweight. Overall appearance is age appropriate and good hygiene.

#### Back / Spine:

Spine is positive for posterior tenderness. Lumbar palpation reveals right tenderness from L2 to L5. Normal flexion. Normal

THOMPSON, DERICO

1 / {#\_OF\_PAGES}

lateral flexion.

**Extremities:**

No edema is present.

**Assessment/ Plan**

Degeneration, lumbar/lmb sac disc (722,52)

**Medications ordered this visit**

<u>Start Date</u>	<u>Stop Date</u>	<u>Medication Name</u>	<u>Sig Desc</u>
10/03/2019	11/04/2019	Naprosyn 500 mg tablet	take one tablet twice a day as needed

**Medications stopped this visit**

<u>Start Date</u>	<u>Stop Date</u>	<u>Medication</u>	<u>Dose</u>	<u>Sig Desc</u>
09/25/2019	10/03/2019	Prednisone	10 Mg	Take as directed on package (start 9/26/19)

**Office Services**

<u>Status</u>	<u>Appt Date</u>	<u>Timeframe</u>	<u>Order</u>	<u>Reason</u>	<u>Interpretation</u>
Value					
completed	10/04/2019	-today	Healthy Choices		

**Instructions / Education**

<u>Status</u>	<u>Completed</u>	<u>Order</u>	<u>Reason</u>
completed	10/04/2019	Take new medication as prescribed	
completed	10/04/2019	Patient was reassured	
completed	10/04/2019	Follow exercise program	
completed	10/04/2019	Patient education provided and patient voiced understanding	
completed	10/04/2019	Reviewed diagnostic study results with patient	

Document generated by: Wendy K. Jamros, NP 10/04/2019 7:26 AM

THOMPSON, DERRICO

2/{#\_OF\_PAGES}



**MICHIGAN DEPARTMENT OF CORRECTIONS**

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PATIENT: THOMPSON, DERICO  
LOCATION: KCF  
PROVIDER: Wendy K. Jamros NP  
CURRENT USER :Wendy K. Jamros, NP

**MEDICATION ORDERS**

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**NEW AND RENEWED MEDICATION ORDERS 10/03/2019 12:26 PM**

<u>Start Date</u>	<u>Stop Date</u>	<u>Medication</u>	<u>Dose</u>	<u>Sig Desc</u>
10/03/2019	11/04/2019	Neprosyn	500 Mg	Take one tablet twice a day as needed

**MEDICATIONS STOPPED THIS ENCOUNTER**

<u>Start Date</u>	<u>Stop Date</u>	<u>Medication</u>	<u>Dose</u>	<u>Sig Desc</u>
09/25/2019	10/03/2019	Prednisone	10 Mg	Take as directed on package (start 9/26/19)

**MEDICATIONS TO START AFTER TODAY'S DATE**

Name: THOMPSON,DERICO



**MICHIGAN DEPARTMENT OF CORRECTIONS  
CONSULTATION**

**SITE: KCF**

**COMPLETED BY: Connie McCool (10/03/2019 12:01 PM) 10/09/2019 12:32 PM**

**Patient: DERICO THOMPSON**

Off-site

Reference #: 00837139

Routine

Date of Request: 10/04/2019

3rd Party Insurance: (VA, Workmen's Comp, Federal, Interstate Compact, etc.):

MDOC

*For security reasons, inmates must NOT be informed of date, time or location of proposed treatment or possible hospitalization. Authorization and payment is provided ONLY for requested procedures or treatments of life-threatening conditions. Prior review/discussion with Medical Director is required for additional treatment, procedures and hospitalizations.*

**Procedure/Test Requested:** HEP Lumbar spine

**Specialty Service Requested:** Physical Therapy

**Provider:** WMH

**Initial Visit or F/U?** Initial Visit

**Presumed Diagnosis:**

Degeneration, lumbar/lumbosac disc

722.52

**Signs & Symptoms:**

**Date of Onset:**

9/25/19; Patient suffered injury to low back ~9/17/19. He states he was row lifting 95#'s and developed a spasm in his low back with RLE radiculopathy. He describes it as being in the lateral aspect of his hip to his knee (burning). He was seen by nursing for initial treatment. The back spasm has resolved but he still has the discomfort in his leg. No B/B Incontinence. No saddle anesthesia. 10/3/19; patient states he continues to experience sharp/burning pain in the lateral thigh and now

**Lab & Xray Data**

DATE OF EXAM: 09/30/19

FACILITY OF EXAM: OFF-SITE

TYPE OF EXAM: LUMBAR SPINE, SIX VIEWS

FINDINGS: Side bending to the left is present. Mild facet joint arthritic changes are present of the lumbar spine. Loss of height of the intervertebral disc space at the L5/S1 level represents degenerative disc changes. The vertebral bodies are normal in size and shape. Marked fecal debris is seen throughout the course of the colon and rectal area to represent constipation.

**Failed Outpatient Therapies:**

**IMPRESSION:**

1. Mild facet joint arthritic changes of the lumbar spine.

NAME: THOMPSON, DERICO J

**MICHIGAN DEPARTMENT OF CORRECTIONS  
CONSULTATION**

**SITE: KCF**

**COMPLETED BY: Connie McCool (10/03/2019 12:01 PM) 10/09/2019 12:32 PM**

2. Degenerative disc change at the L5/S1 level.

**Current Active Medications:**

<u>Start Date</u>	<u>Stop Date</u>	<u>Medication Name</u>	<u>Sig Desc</u>
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10/03/2019	11/04/2019	Naprosyn 500 mg tablet	take one tablet twice a day as needed
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**Comments** extending to his lateral calf (L5-S1 dermatome). He had brief improvement with Toradol and Prednisone. He has been doing simple stretches. Physical exam reveals intact DTR's, straight leg raise positive on the right. Generalized tenderness right lumbar. No spasm noted. FROM with discomfort at full flexion.

**Site Medical Provider:** Wendy K. Jamros NP 10/04/2019

(For UM use only)

**Criteria Source:** M & R Interqual Other

**Criteria met:** Yes X No Deferred

**Reviewer comments:**

Approval for Physical therapy for HEP

**Recommendation for visit appointment:**

**# Visits:**

**UM Review #:**

**Reviewer Name:** Darsey, Vivian MD-\*This is the reviewing physician ONLY, specialists should not be contacting them directly. Any further communication, documents, or questions should be directed to the Site Medical Provider listed above.\*

**Date Reviewed:** 10/08/2019

*Note: Notify physician or midlevel practitioner immediately if unable to obtain appointment within 4 weeks. If service is not completed within 4 weeks, have patient re-evaluated by physician or midlevel practitioner to determine if service is still necessary and appropriate.*

NAME: THOMPSON, DERICO J



## MICHIGAN DEPARTMENT OF CORRECTIONS - BUREAU OF HEALTH CARE SERVICES

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PATIENT: DERICO THOMPSON  
DATE OF BIRTH: [REDACTED]  
DATE: 10/18/2019 6:41 AM  
VISIT TYPE: Chart Update

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Chief Complaint/Reason for visit:

This 45 year old male presents with offsite pt scheduled > 30 days p approval. acceptable.

History of Present Illness

1. Offsite PT scheduled > 30 days p approval. Acceptable

Medications Active Prior to Today's Visit

<u>Drug Name</u>	<u>Dose</u>	<u>Qty</u>	<u>Description</u>
Naprosyn	500 Mg	60	take one tablet twice a day as needed

Allergies

<u>Allergen/Ingredient</u>	<u>Brand</u>	<u>Reaction:</u>
Nka		

Document generated by: Wendy K. Jamros, NP 10/18/2019 6:42 AM

[REDACTED] THOMPSON, DERICO

1/{#\_OF\_PAGES}

## MICHIGAN DEPARTMENT OF CORRECTIONS - BUREAU OF HEALTH CARE SERVICES

PATIENT: DERICO THOMPSON  
 DATE OF BIRTH: [REDACTED]  
 DATE: 11/21/2019 7:10 AM  
 VISIT TYPE: Chart Update

### Chief Complaint/Reason for visit:

This 45 year old male presents with pt evaluation review.

### History of Present Illness

#### 1. PT evaluation review

Additional comments:

11/17/19: Pt evaluation: LBP post injury with radicular symptoms in L5-S1 dermatome. Bottom bunk and extra pillow recommended: HEP distributed and discussed: If no improvement in 6-8 weeks consider MRI (EMG?)

### Allergies

<u>Allergen/Ingredient</u>	<u>Brand</u>	<u>Reaction:</u>
Nka		

### Physical Exam

### Assessment/ Plan

Lumbago (724.2)

### Office Services

<u>Status</u>	<u>ApptDate</u>	<u>Timeframe</u>	<u>Order</u>	<u>Reason</u>	<u>Interpretation</u>
ordered			Housing: Bottom bunk		
ordered			Medical Equipment/Supplies: Extra pillow		
ordered	01/02/2020		MP Follow-up Moderate : Lumbago p/ HEP. MRI? EMG? THOMPSON, DERICO		

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**MICHIGAN DEPARTMENT OF CORRECTIONS  
BUREAU OF HEALTH CARE SERVICES**

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DATE:11/21/2019 7:10 AM

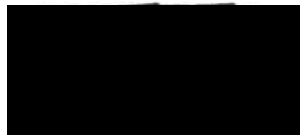
**SPECIAL ACCOMMODATIONS ORDERS**

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<u>Start Date</u>	<u>Stop Date</u>	<u>Ordered</u>	<u>Ordered By</u>	<u>Order</u>
11/21/2019		11/21/2019	Wendy K. Jamros, NP	Housing: Bottom bunk
11/21/2019		11/21/2019	Wendy K. Jamros, NP	Medical Equipment/Supplies: Extra pillow

Document generated by: Wendy K. Jamros, NP 11/21/2019 7:15 AM Facility: KCF

Name: DERICO THOMPSON



## Michigan Department of Corrections Clinical Encounter - Administrative Note

Offender Name: THOMPSON, DERICO J

Off #:

Date of Birth:

Sex: M

Facility:

Note Date: 02/17/2020 12:36

Provider: Jamros, Wendy [WJ] NP

Unit: KCF E2

Chart Review/Update encounter performed at Non Patient Contact.

**Administrative Notes:****ADMINISTRATIVE NOTE 1****Provider:** Jamros, Wendy [WJ] NP

Patient suffered injury to low back ~9/17/19. He states he was row lifting 95#s and developed a spasm in his low back with RLE radiculopathy. He describes it as being in the lateral aspect of his hip to his knee (burning). He was seen by nursing for initial treatment. The back spasm has resolved but he still has the discomfort in his leg. No B/B incontinence. No saddle anesthesia. 10/3/19: patient states he continues to experience sharp/burning pain in the lateral thigh and now extending to his lateral calf (L5-S1 dermatome). He had brief improvement with Toradol and Prednisone. He has been doing simple stretches. Physical exam reveals intact DTR's, straight leg raise positive on the right. Generalized tenderness right lumbar. Patient has completed his HEP (per UM recommendation) and has had no improvement. He has to sit to use the phone, microwave, etc otherwise his back will spasm.

**New Consultation Requests:**Consultation/ProcedureDue DatePriorityTranslatorLanguage

Neurology - EMG

Routine (review within  
14 days)

No

**Subtype:**

Dr. Vermeulen

**Reason for Request:**

Patient with pain, numbness RLE following lifting injury. Has completed HEP. Please refer to administrative note 2/17/20

**Provisional Diagnosis:**

RLE radiculopathy

**Co-Pay Required:** No**Cosign Required:** No**Telephone/Verbal Order:** No**Standing Order:** No

Completed by Jamros, Wendy [WJ] NP on 02/17/2020 12:43

## Michigan Department of Corrections Clinical Encounter - Administrative Note

Offender Name: THOMPSON, DERICO J

Off #: [REDACTED]

Date of Birth: [REDACTED]

Sex: M

Facility: KCF

Note Date: 02/21/2020 06:22

Provider: Jamros, Wendy [WJ] NP

Unit: E2

Administrative encounter performed at Non Patient Contact.

**Administrative Notes:****ADMINISTRATIVE NOTE 1**

Provider: Jamros, Wendy [WJ] NP

ADMINISTRATIVE NOTE 1 Provider: Jamros, Wendy [WJ] NP

Patient suffered injury to low back ~9/17/19. He states he was row lifting 95#s and developed a spasm in his low back with RLE radiculopathy. He describes it as being in the lateral aspect of his hip to his knee (burning). He was seen by nursing for initial treatment. The back spasm has resolved but he still has the discomfort in his leg. No B/B incontinence. No saddle anesthesia. 10/3/19: patient states he continues to experience sharp/burning pain in the lateral thigh and now extending to his lateral calf (L5-S1 dermatome). He had brief improvement with Toradol and Prednisone. He has been doing simple stretches. Physical exam reveals Intact DTR's, straight leg raise positive on the right. Generalized tenderness right lumbar. Patient has completed his HEP (per UM recommendation) and has had no improvement. He has to sit to use the phone, microwave, etc otherwise his back will spasm.

**ADMINISTRATIVE NOTE 2**

Provider: Jamros, Wendy [WJ] NP

ATP by McCool, Connie [CM12] acting in the role of 2nd Level Review on 02/20/2020.

Comments: ATP: Both history and exam support radiculopathy. EMG would be unlikely to reveal new diagnosis or alter management. Consider ongoing management based on workup that has already been completed.

**New Consultation Requests:**Consultation/ProcedureDue DatePriorityTranslatorLanguage

Radiology - MRI

Routine (review within 14 days)

No

**Subtype:**

War Memorial Hospital

**Reason for Request:**

Intractable LBP with radiculopathy. Please see #2 administrative notes from 2/21/20 document.

Co-Pay Required: No

Cosign Required: No

Telephone/Verbal Order: No

Standing Order: No

Completed by Jamros, Wendy [WJ] NP on 02/21/2020 06:29

**Michigan Department of Corrections  
Consultation Request**

**Offender Name:** THOMPSON, DERICO J

**Off #:** [REDACTED]

**Location:** KCF

**Date of Birth:** [REDACTED]

**Sex:** M

**Consultation/Procedure Requested:** Radiology - MRI

**Subtype:** War Memorial Hospital

906-635-4460

500 Osborn Blvd. - Sault Ste. Marie - 49783

**Reason for Request:**

Intractable LBP with radiculopathy. Please see #2 administrative notes from 2/21/20 document.

**Medications (As of 05/12/2021)**

MULTI-VITAMINS W/MINERALS/FE TABS Exp: 05/20/2021 SIG: TAKE 1 TAB BY MOUTH DAILY AS NEEDED  
FOR 180 DAYS - COVID 19 KITE FOR REFILLS MAY REFILL 5 TIMES

**Allergies (As of 05/12/2021)**

No Known Allergies

**Health Problems (As of 05/12/2021)**

Low back pain

**Offender Requires Translator:** No

**Language:**

**Additional Records Required:**

**Comments:**

Reference Number: 00866488

**Requested By:** Jamros, Wendy [WJ] NP

**Auth#:** 00866488

**Ordered Date:** 02/21/2020 06:22

**Due Date:** 03/26/2020 00:00

**Priority:** Routine (review within 14 days)

**Michigan Department of Corrections**  
**Consultation Request**

<b>Offender Name:</b> THOMPSON, DERICO J	<b>Off #:</b> [REDACTED]	<b>Location:</b> KCF
<b>Date of Birth:</b> [REDACTED]	<b>Sex:</b> M	

**Request Approval Actions:**

Refer up by Pfeil, Kaelynn [KP4] acting in the role of 1st Level Review on 02/21/2020.

Comments: Reference Number: 00866488

Approved by McCool, Connie [CM12] acting in the role of 2nd Level Review on 02/26/2020.

Comments: Approved; MRI of lumbar spine

Papendick, Keith, MD-\*This is the reviewing physician ONLY, specialists should not be contacting them directly.  
Any further communication, documents, or questions should be directed to the Site Medical Provider listed above.\*  
02/26/2020

## Michigan Department of Corrections Clinical Encounter - Administrative Note

Offender Name: THOMPSON, DERICO J

Off #:

Date of Birth:

Sex: M

Facility: KCF

Note Date: 03/12/2020 10:45

Provider: Jamros, Wendy [WJ] NP

Unit: E2

Review Note encounter performed at Non Patient Contact.

**Administrative Notes:****ADMINISTRATIVE NOTE 1**

Provider: Jamros, Wendy [WJ] NP

ADMINISTRATIVE NOTE 1 Provider: Jamros, Wendy [WJ] NP

Patient suffered injury to low back ~9/17/19. He states he was row lifting 95#'s and developed a spasm in his low back with RLE radiculopathy. He describes it as being in the lateral aspect of his hip to his knee (burning). He was seen by nursing for initial treatment. The back spasm has resolved but he still has the discomfort in his leg. No B/B incontinence. No saddle anesthesia. 10/3/19: patient states he continues to experience sharp/burning pain in the lateral thigh and now extending to his lateral calf (L5-S1 dermatome). He had brief improvement with Toradol and Prednisone. He has been doing simple stretches. Physical exam reveals intact DTR's, straight leg raise positive on the right. Generalized tenderness right lumbar. Patient has completed his HEP (per UM recommendation) and has had no improvement. He has to sit to use the phone, microwave, etc otherwise his back will spasm.

Lumbar MRI: 3/11/20

Normal vertebral body height and alignment. Disc space narrowing and hypertrophic spurring L5-S1. Degenerative loss of disc signal L5-S1. L4/5 central canal stenosis and bilateral neuroforaminal stenosis secondary to facet and ligamentum flavum hypertrophy. Moderate-sized broad based central disc herniation effacing ventral thecal sac and encroaching upon bilateral exiting neural foramina, greater on the right. L5-S1 bilateral neural foramina stenosis secondary to facet and ligamentum flavum hypertrophy. Small focal central disc herniation, mildly effacing ventral epidural fat.

**New Consultation Requests:**

<u>Consultation/Procedure</u>	<u>Due Date</u>	<u>Priority</u>	<u>Translator</u>	<u>Language</u>
Neurosurgery - Consultation		Routine (review within 14 days)	No	

**Subtype:**

UPHS Neurosurgery

**Reason for Request:**

ADMINISTRATIVE NOTE 1 Provider: Jamros, Wendy [WJ] NP

Patient suffered injury to low back ~9/17/19. He states he was row lifting 95#'s and developed a spasm in his low back with RLE radiculopathy. He describes it as being in the lateral aspect of his hip to his knee (burning). He was seen by nursing for initial treatment. The back spasm has resolved but he still has the discomfort in his leg. No B/B incontinence. No saddle anesthesia. 10/3/19: patient states he continues to experience sharp/burning pain in the lateral thigh and now extending to his lateral calf (L5-S1 dermatome). He had brief improvement with Toradol and Prednisone. He has been doing simple stretches. Physical exam reveals intact

DTR's, straight leg raise positive on the right. Generalized tenderness right lumbar. Patient has completed his HEP (per UM recommendation) and has had no improvement. He has to sit to use the phone, microwave, etc otherwise his back will spasm.

Lumbar MRI: 3/11/20

Normal vertebral body height and alignment. Disc space narrowing and hypertrophic spurring L5-S1. Degenerative loss of disc signal L5-S1. L4/5 central canal stenosis and bilateral neuroforaminal stenosis secondary to facet and ligamentum flavum hypertrophy. Moderate-sized broad based central disc herniation effacing ventral thecal sac and encroaching upon bilateral exiting neural foramina, greater on the right. L5-S1 bilateral neural foramina stenosis secondary to facet and ligamentum flavum hypertrophy. Small focal central disc herniation, mildly effacing ventral epidural fat.

**Provisional Diagnosis:**

Lumbar disc herniation

## Michigan Department of Corrections Clinical Encounter - Administrative Note

Offender Name: THOMPSON, DERICO J

Date of Birth: [REDACTED]

Note Date: 03/19/2020 06:54

Sex: M

Provider: Jamros, Wendy [WJ] NP

Off #: [REDACTED]

Facility: KCF  
Unit: E2

Administrative encounter performed at Non Patient Contact.

**Administrative Notes:**

ADMINISTRATIVE NOTE 1

Provider: Jamros, Wendy [WJ] NP

Neurosurgery consult ATP'd with recommendation for EMG

**New Consultation Requests:**

<u>Consultation/Procedure</u>	<u>Due Date</u>	<u>Priority</u>	<u>Translator</u>	<u>Language</u>
Neurology - EMG		Routine (review within 14 days)	No	

Subtype:

Dr. Vermeulen

Reason for Request:

Patient suffered injury to low back ~9/17/19. He states he was row lifting 95#s and developed a spasm in his

low back with RLE radiculopathy. He describes it as being in the lateral aspect of his hip to his knee (burning).

He was seen by nursing for initial treatment. The back spasm has resolved but he still has the discomfort in his leg. No B/B incontinence. No saddle anesthesia. 10/3/19: patient states he continues to experience sharp/burning pain in the lateral thigh and now extending to his lateral calf (L5-S1 dermatome). He had brief improvement with Toradol and Prednisone. He has been doing simple stretches. Physical exam reveals intact

DTR's, straight leg raise positive on the right. Generalized tenderness right lumbar. Patient has completed his HEP (per UM recommendation) and has had no improvement. He has to sit to use the phone, microwave, etc

otherwise his back will spasm.

Lumbar MRI: 3/11/20

Normal vertebral body height and alignment. Disc space narrowing and hypertrophic spurring L5-S1.

Degenerative loss of disc signal L5-S1. L4/5 central canal stenosis and bilateral neuroforaminal stenosis secondary to facet and ligamentum flavum hypertrophy. Moderate-sized broad based central disc herniation effacing ventral thecal sac and encroaching upon bilateral exiting neural foramina, greater on the right. L5-S1

bilateral neural foramina stenosis secondary to facet and ligamentum flavum hypertrophy. Small focal central

disc herniation, mildly effacing ventral epidural fat.

RECOMMENDATION PER UM 3/18/20

Provisional Diagnosis:

Lumbar disc herniation

Co-Pay Required: No Cosign Required: No

Telephone/Verbal Order: No

Standing Order: No

Completed by Jamros, Wendy [WJ] NP on 03/19/2020 06:59

## Michigan Department of Corrections Clinical Encounter - Administrative Note

Offender Name: THOMPSON, DERICO J

Off #: [REDACTED]

Date of Birth: [REDACTED]

Sex: M

Facility: KCF

Note Date: 04/20/2020 09:02

Provider: Jamros, Wendy [WJ] NP

Unit: E2

Chart Review/Update encounter performed at Non Patient Contact.

**Administrative Notes:**

ADMINISTRATIVE NOTE 1

Provider: Jamros, Wendy [WJ] NP

Patient with low back pain with radiculopathy. Cymbalta trial approved per Dr. Bomber ARMD.

**ASSESSMENTS:**

Low back pain, M54.5 - Current, Chronic, Initial

**New Medication Orders:**

<u>Rx#</u>	<u>Medication</u>	<u>Order Date</u>	<u>Start Date</u>	<u>Quantity</u>	<u>Prescriber Order</u>
	DULOXETINE HCL 30 MG CAPS	04/20/2020 09:02	04/20/2020		30mg By Mouth at bedtime x 210 day(s) Pill Line Only -- RMD approved 4/20/20

Indication: Low back pain

Co-Pay Required: No

Cosign Required: No

Telephone/Verbal Order: No

Standing Order: No

Completed by Jamros, Wendy [WJ] NP on 04/20/2020 09:09

**Michigan Department of Corrections  
Clinical Encounter - Administrative Note**

Offender Name: THOMPSON, DERICO J

Off #:

Date of Birth:

Sex:

M

Facility: KCF

Note Date: 04/22/2020 12:42

Provider: Jamros, Wendy [WJ] NP

Unit: E2

MP Telephone Encounter encounter performed at Telephone Encounter.

**Administrative Notes:**

ADMINISTRATIVE NOTE 1

Provider: Jamros, Wendy [WJ] NP

Patient was notified that his Cymbalta has been approved. It has been received from the pharmacy but an itinerary needs to be generated. Pharmacy and MR notified.

Co-Pay Required: No

Cosign Required: No

Telephone/Verbal Order: No

Standing Order: No

Completed by Jamros, Wendy [WJ] NP on 04/22/2020 13:04

## Michigan Department of Corrections Clinical Encounter - Administrative Note

Offender Name: THOMPSON, DERICO J

Off #: [REDACTED]

Date of Birth: [REDACTED]

Sex: M

Facility: KCF

Note Date: 06/05/2020 13:31

Provider: Stevens, Sharolyn M.

Unit: E2

Administrative encounter performed at Non Patient Contact.

**Administrative Notes:**

ADMINISTRATIVE NOTE 1 Provider: Stevens, Sharolyn M. [SS17]

Offsite scheduled outside 30 days, scheduling chart review for provider and prep.

**New Non-Medication Orders:**

<u>Order</u>	<u>Frequency</u>	<u>Duration</u> <u>Details</u>	<u>Ordered By</u>
Prep	One Time	Inform inmate he is to wear no lotions or cologne the day of his appointment, he must also wear shorts under his pants. He is scheduled 7/14/20.	Stevens, Sharolyn M. [SS17]

Discontinue Reason:

Order Date: 06/05/2020

End Date:

**Schedule:**

<u>Activity</u>	<u>Date Scheduled</u>	<u>Scheduled Provider</u>
Chart Review	06/09/2020 00:00	Medical Provider 3
Offsite approved 3/26/20 and scheduled 7/14/20 due to COVID19. This is more than 30 days, is this ok.		
Chart Review	07/07/2020 00:00	Medical Provider 3
Offsite approved 3/26/20 and scheduled 7/14/20 due to COVID19. This is more than 30 days, is this ok.		

Co-Pay Required: No Cosign Required: No

Telephone/Verbal Order: No

Standing Order: No

Completed by Stevens, Sharolyn M. [SS17] on 06/05/2020 13:35

**Michigan Department of Corrections  
Clinical Encounter - Administrative Note**

Offender Name: THOMPSON, DERICO J

Off #:

Date of Birth:

Sex:

M

Facility:

KCF

Note Date: 06/09/2020 07:04

Provider: Jamros, Wendy [WJ] NP

Unit:

E2

Chart Review/Update encounter performed at Non Patient Contact.

**Administrative Notes:**

ADMINISTRATIVE NOTE 1

Provider: Jamros, Wendy [WJ] NP

Patient has a pending lower extremity EMG that has been scheduled > 30 days after approval due to COVID precautions (7/14/20).

Co-Pay Required: No

Cosign Required: No

Telephone/Verbal Order: No

Standing Order: No

Completed by Jamros, Wendy [WJ] NP on 06/09/2020 07:08

## Michigan Department of Corrections Clinical Encounter - Administrative Note

Offender Name: THOMPSON, DERICO J	Sex: M	Off #: [REDACTED]
Date of Birth: [REDACTED]	Provider: Knack, Jessica [JK6] RN	Facility: KCF
Note Date: 06/12/2020 10:18		Unit: E2

Nursing Note encounter performed at Clinic.

### Administrative Notes:

ADMINISTRATIVE NOTE 1 Provider: Knack, Jessica [JK6] RN

Pt here due to Cymbalta and Naprosyn being ineffective for low back pain. Pt reports neither one does anything to help his pain. Awaiting EMG appt, which has been delayed due to Covid19. Will refer to MP.

### Temperature:

<u>Date</u>	<u>Time</u>	<u>Fahrenheit</u>	<u>Celsius</u>	<u>Location</u>	<u>Provider</u>
06/12/2020	10:22	KCF	98.1	36.7	Knack, Jessica [JK6] RN

### Pulse:

<u>Date</u>	<u>Time</u>	<u>Rate Per Minute</u>	<u>Location</u>	<u>Rhythm</u>	<u>Provider</u>
06/12/2020	10:22	KCF	70		Knack, Jessica [JK6] RN

### Respirations:

<u>Date</u>	<u>Time</u>	<u>Rate Per Minute</u>	<u>Provider</u>
06/12/2020	10:22	KCF	18 Knack, Jessica [JK6] RN

### Blood Pressure:

<u>Date</u>	<u>Time</u>	<u>Value</u>	<u>Location</u>	<u>Position</u>	<u>Cuff Size</u>	<u>Provider</u>
06/12/2020	10:22	KCF	124/71			Knack, Jessica [JK6] RN

### Weight:

<u>Date</u>	<u>Time</u>	<u>Lbs</u>	<u>Kg</u>	<u>Waist Circum.</u>	<u>Provider</u>
06/12/2020	10:22	KCF	155.0	70.3	Knack, Jessica [JK6] RN

### Schedule:

<u>Activity</u>	<u>Date Scheduled</u>	<u>Scheduled Provider</u>
MP RNR	06/19/2020 00:00	Medical Provider

RNR from 6-12-2020 for Cymbalta and Naprosyn being ineffective for back pain

Co-Pay Required: No Cosign Required: No

Telephone/Verbal Order: No

Standing Order: No

Completed by Knack, Jessica [JK6] RN on 06/12/2020 10:27

## Michigan Department of Corrections Clinical Encounter - Administrative Note

Offender Name: THOMPSON, DERICO J

Off #: [REDACTED]

Date of Birth: [REDACTED]

Sex: M

Facility: KCF

Note Date: 06/22/2020 12:10

Provider: Jamros, Wendy [WJ] NP

Unit: E2

MP Telephone Encounter encounter performed at Non Patient Contact.

**Administrative Notes:**

ADMINISTRATIVE NOTE 1

Provider: Jamros, Wendy [WJ] NP

Patient states the Cymbalta and Naprosyn have not been effective for back pain. He agrees to try Relafen

**New Medication Orders:**

<u>Rx#</u>	<u>Medication</u>	<u>Order Date</u>	<u>Start Date</u>	<u>Quantity</u>	<u>Prescriber Order</u>
	NABUMETONE 500 MG TABS	06/22/2020 12:10	06/22/2020	60	500mg By Mouth two times daily PRN x 210 day(s)

Indication: Low back pain

**Discontinued Medication Orders:**

<u>Rx#</u>	<u>Medication</u>	<u>Order Date</u>	<u>Start Date</u>	<u>Quantity</u>	<u>Prescriber Order</u>
5094832 7	DULOXETINE HCL 30 MG CAPS	06/22/2020 12:10	06/22/2020		30mg By Mouth at bedtime x 210 day(s) Pill Line Only -- RMD approved 4/20/20

Discontinue Type: Immediate

Discontinue Reason: Order Changed

Indication:

5040974 8	NAPROXEN 500 MG TABS	06/22/2020 12:10	06/22/2020		TAKE ONE TABLET TWICE A DAY AS NEEDED
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Discontinue Type: Immediate

Discontinue Reason: Order Changed

Indication:

**Schedule:**

<u>Activity</u>	<u>Date Scheduled</u>	<u>Scheduled Provider</u>
MP Follow Up	07/15/2020 00:00	Medical Provider 3

Has Relafen been helpful?

Co-Pay Required: No Cosign Required: No

Telephone/Verbal Order: No

Standing Order: No

Completed by Jamros, Wendy [WJ] NP on 06/22/2020 12:22

## Michigan Department of Corrections Clinical Encounter

Offender Name: THOMPSON, DERICO J

Date of Birth: [REDACTED]

Encounter Date: 07/02/2020 08:20

Sex: M

Provider: Knack, Jessica [JK6] RN

Off #: [REDACTED]

Facility: KCF

Unit: E2

Nursing Note encounter performed at Clinic.

**SUBJECTIVE:**

COMPLAINT 1 Provider: Knack, Jessica [JK6] RN

Chief Complaint: Musculoskeletal

Subjective: Pt c/o low back pain unrelieved by Relafen. States maybe Cymbalta was helping more than he thought because pain has increased since stopping it. States three days ago he was incontinent of stool one time. States he needs another shot for pain.

Pain Location:

Pain Scale:

Pain Qualities:

History of Trauma:

Onset:

Duration:

Exacerbating Factors:

Relieving Factors:

Comments:

**ROS:****Musculoskeletal****General**

Yes: Normal, Low Back Pain

No: Gait Abnormality, Mid-back Pain, Swelling, Wasting or Atrophy

**OBJECTIVE:****Temperature:**

Date	Time	Fahrenheit	Celsius	Location	Provider
07/02/2020	08:20	KCF	98.0	36.7	Knack, Jessica [JK6] RN

**Pulse:**

Date	Time	Rate Per Minute	Location	Rhythm	Provider
07/02/2020	08:20	KCF	64		Knack, Jessica [JK6] RN

**Respirations:**

Date	Time	Rate Per Minute	Provider
07/02/2020	08:20	KCF	16 Knack, Jessica [JK6] RN

**Blood Pressure:**

Date	Time	Value	Location	Position	Cuff Size	Provider
07/02/2020	08:20	KCF	124/76			Knack, Jessica [JK6] RN

**Weight:**

Date	Time	Lbs	Kg	Waist Circum.	Provider
07/02/2020	08:20	KCF	157.0	71.2	Knack, Jessica [JK6] RN

**Exam:****Musculoskeletal****Back**

Offender Name: THOMPSON, DERICO J

Date of Birth: [REDACTED]

Sex: M

Off #:

Facility: KCF

Encounter Date: 07/02/2020 08:20

Provider: Knack, Jessica [JK6] RN

Unit: E2

**Exam:**

Yes: Upright Posture, Normal Exam, Non-tender on Palpation, Normal Bony Landmarks, Symmetric, Neurovascular Intact, Inflammation

No: Muscle Spasm, Muscle Atrophy, Costovertebral Angle Tenderness, Swelling, Ecchymosis, Erythema  
Remote weight pit injury. Awaiting approved EMG.

**ASSESSMENT:**

Alteration in Comfort

**PLAN:****Disposition:**

Refer to Provider

**Other:**

Order received from W. Jamros, NP for Toradol 60mg IM now. Has f/u MP appt scheduled as well as EMG.  
Informed MP of report of stool incontinence.

**Patient Education Topics:**

<u>Date Initiated</u>	<u>Format</u>	<u>Handout/Topic</u>	<u>Provider</u>	<u>Outcome</u>
07/02/2020	Counseling	Plan of Care	Knack, Jessica	Verbalizes Understanding

Co-Pay Required: No

Cosign Required: No

Telephone/Verbal Order: No

Standing Order: No

Completed by Knack, Jessica [JK6] RN on 07/02/2020 08:49

## Michigan Department of Corrections Clinical Encounter - Administrative Note

Offender Name: THOMPSON, DERICO J

Off #: [REDACTED]

Date of Birth: [REDACTED]

Sex: M

Facility: KCF

Note Date: 07/02/2020 13:43

Provider: Jamros, Wendy [WJ] NP

Unit: E2

Chart Review/Update encounter performed at Non Patient Contact.

**Administrative Notes:**

ADMINISTRATIVE NOTE 1 Provider: Jamros, Wendy [WJ] NP

Patient with back pain: See nurses notes: Toradol 60mg IM

**New Medication Orders:**

<u>Rx#</u>	<u>Medication</u>	<u>Order Date</u>	<u>Start Date</u>	<u>Quantity</u>	<u>Prescriber Order</u>
	KETOROLAC TROMETH VL (2ML) 30 MG/ML INJ	07/02/2020 13:43	07/02/2020		60mg Intramuscularly one time x 1 day(s) -- Do not take Nabumetone with this medication

Indication: Low back pain

Start Now: Yes

Starter Dose Rx#:

Source: Stock meds

Admin Method: Pill Line

Stop Date: 07/03/2020 13:42

MAR Label: 60mg Intramuscularly one time x 1 day(s) -- Do not take Nabumetone with this medication

Co-Pay Required: No

Cosign Required: No

Telephone/Verbal Order: No

Standing Order: No

Completed by Jamros, Wendy [WJ] NP on 07/02/2020 13:46

**Michigan Department of Corrections  
Clinical Encounter - Administrative Note**

Offender Name: THOMPSON, DERICO J

Off #:

Date of Birth:

Sex: M

Facility:

Note Date: 07/07/2020 07:34

Provider: Jamros, Wendy [WJ] NP

Unit: KCF  
E2

Chart Review/Update encounter performed at Non Patient Contact.

**Administrative Notes:**

ADMINISTRATIVE NOTE 1

Provider: Jamros, Wendy [WJ] NP

Offsite EMG approved 3/26/20 and rescheduled 7/14/20 because of COVID19 precautions.

Co-Pay Required: No

Cosign Required: No

Telephone/Verbal Order: No

Standing Order: No

Completed by Jamros, Wendy [WJ] NP on 07/07/2020 07:37

**Michigan Department of Corrections  
Clinical Encounter - Administrative Note**

Offender Name: THOMPSON, DERICO J	Sex: M	Off #: [REDACTED]
Date of Birth: [REDACTED]	Provider: Jamros, Wendy [WJ] NP	Facility: KCF
Note Date: 07/09/2020 10:07		Unit: E2

Chart Review/Update encounter performed at Non Patient Contact.

**Administrative Notes:**

ADMINISTRATIVE NOTE 1      Provider: Jamros, Wendy [WJ] NP  
Offsite for EMG has been scheduled for 8/3/20. This is acceptable.

**Co-Pay Required:** No      **Cosign Required:** No

**Telephone/Verbal Order:** No

**Standing Order:** No

Completed by Jamros, Wendy [WJ] NP on 07/09/2020 10:13

**Michigan Department of Corrections  
Clinical Encounter - Administrative Note**

Offender Name: THOMPSON, DERICO J

Off #:

Date of Birth:

Sex:

M

Facility:

KCF

Note Date: 07/15/2020 11:08

Provider:

Jamros, Wendy [WJ] NP

Unit:

E2

MP Telephone Encounter encounter performed at Telephone Encounter.

**Administrative Notes:**

ADMINISTRATIVE NOTE 1

Provider: Jamros, Wendy [WJ] NP

Patient was contacted to notify him that some COVID restrictions have been lifted and his EMG has been scheduled. He does not feel the Relafen is helpful. The patient was upset about not seeing the Dr. and the phone call was terminated before further changes in POC.

Co-Pay Required: No

Cosign Required: No

Telephone/Verbal Order: No

Standing Order: No

Completed by Jamros, Wendy [WJ] NP on 07/15/2020 11:12

**Michigan Department of Corrections  
Clinical Encounter - Administrative Note**

Offender Name: THOMPSON, DERICO J

Off #:

Date of Birth:

Sex: M

Facility:

Note Date: 08/06/2020 06:07

Provider: Jamros, Wendy [WJ] NP

Unit: E2

Review Note encounter performed at Non Patient Contact.

**Administrative Notes:**

ADMINISTRATIVE NOTE 1

Provider: Jamros, Wendy [WJ] NP

EMG reviewed. Patient is scheduled for F/U with MP1 on 9/1/20.

Co-Pay Required: No

Cosign Required: No

Telephone/Verbal Order: No

Standing Order: No

Completed by Jamros, Wendy [WJ] NP on 08/06/2020 07:01

**Michigan Department of Corrections**  
**Consultation Request**

<b>Offender Name:</b> THOMPSON, DERICO J	<b>Off #:</b> [REDACTED]	<b>Location:</b> KCF
<b>Date of Birth:</b> [REDACTED]	<b>Sex:</b> M	

**Request Approval Actions:**

Refer up by Whipple, Connie [CW13] acting in the role of 1st Level Review on 09/03/2020.

Comments: ref 00897983

Approved by Cole, Jenda [JC7] acting in the role of 2nd Level Review on 09/08/2020.

Comments: 9/8/20 - Approved: Neurosurgery - Consult

Papendick, Keith, MD-\*This is the reviewing physician ONLY, specialists should not be contacting them directly.  
Any further communication, documents, or questions should be directed to the Site Medical Provider listed above.\*

## Michigan Department of Corrections Clinical Encounter - Administrative Note

Offender Name: THOMPSON, DERICO J

Off #: [REDACTED]

Date of Birth: [REDACTED]

Sex: M

Facility: KCF

Note Date: 10/14/2020 16:25

Provider: Stallman, Timothy [TS4]

Unit: E2

Review Note encounter performed at Non Patient Contact.

**Administrative Notes:****ADMINISTRATIVE NOTE 1**

Provider: Stallman, Timothy [TS4] DO

9/22/20 UPHS neurosurgical follow up. Lifting injury one year ago, EMG revealing left L5 radiculopathy; 3/11/20 MRI demonstrates lower lumbar stenosis at L4-L5 and L5-S1 with central disc protrusions and significant segmental stenosis consequent to congenital short pedicles. Patient a candidate for surgical intervention in light of the imaging and EMG findings. Recommend lumbar decompressive laminectomy L4, L5, S1 with fusion L4-S1. Reluctant to consider simple decompression, has mild lordosis, concern that subsequent disc herniation at L4-L5, L5-S1 may cause significant problems.

**Schedule:****Activity****Date Scheduled   Scheduled Provider**

MP Follow Up

10/22/2020 00:00 Medical Provider f

In office visit to discuss plan for back [see 10/14/20 note]

Co-Pay Required: No

Cosign Required: No

Telephone/Verbal Order: No

Standing Order: No

Completed by Stallman, Timothy [TS4] DO on 10/14/2020 16:28

## Michigan Department of Corrections Clinical Encounter

Offender Name: THOMPSON, DERICO J

Date of Birth: [REDACTED]

Sex: M

Facility: KCF

Encounter Date: 10/23/2020 08:17

Provider: Stallman, Timothy [TS4]

Unit: E2

MP Provider Encounter encounter performed at Clinic.

**SUBJECTIVE:****COMPLAINT 1** Provider: Stallman, Timothy [TS4] DO

Chief Complaint: Musculoskeletal

Subjective: 45 year old male, medical history of CBP, telephone encounter for a EMG, symptom and medication review.

3/11/20 MRI LS spine 'mild lumbar DJD, L4-L5 moderate central canal stenosis and bilateral neural foraminal stenosis, moderate sized broad based central disk herniation, L5-S1 small focal central disk herniation with bilateral neural foraminal stenosis. Patient has an EMG scheduled in the near future. Onset of the back pain 9/2019, states he was doing "bend over roll", "90 #", states felt something at the time of the injury, 'sharp pain' with radiation to the lower leg, radiating to the right and left. Content of the pain is "up there, an 8 or 10". Better with no know cause, sometime with positioning, had been on relaxen, "don't work". Activity at present includes pull ups and dips. Sleep is "terrible" hard to sleep, some nites better than others.

8/5/20 EMG 'consistant with left L5 radiculopathy, lesser right L5 lumbar radiculopathy'

9/22/20 UPHS neurosurgical follow up. Lifting injury one year ago, EMG revealing left L5 radiculopathy;

3/11/20 MRI demonstrates lower lumbar stenosis at L4-L5 and L5-S1 with central disc protrusions and significant segmental stenosis consequent to congenital short pedicles'. Patient a candidate for surgical intervention in light of the imaging and EMG findings. Recommend lumbar decompressive laminectomy L4, L5, S1 with fusion L4-S1. Reluctant to consider simple decompression, has mild lordosis, concern that subsequent disc herniation at L4-L5, L5-S1 may cause significant problems.

**Pain Location:**

Pain Scale:

Pain Qualities:

History of Trauma:

Onset:

Duration:

Exacerbating Factors:

Relieving Factors:

Comments: DATE OF EXAM: 09/30/19  
FACILITY OF EXAM: OFF-SITE  
TYPE OF EXAM: LUMBAR SPINE, SIX VIEWS  
FINDINGS: Side bending to the left is present. Mild facet joint arthritic changes are present of the lumbar spine. Loss of height of the Intervertebral disc space at the L5/S1 level represents degenerative disc changes. The vertebral bodies are normal in size and shape. Marked fecal debris is seen throughout the course of the colon and rectal area to represent constipation.  
IMPRESSION:  
1. Mild facet joint arthritic changes of the lumbar spine.  
2. Degenerative disc change at the L5/S1 level.

Offender Name: THOMPSON, DERICO J

Date of Birth: [REDACTED]

Sex: M

Facility: KCF

Encounter Date: 10/23/2020 08:17

Provider: Stallman, Timothy [TS4]

Unit: E2

**OBJECTIVE:****Exam:****ASSESSMENT:**

Low back pain, M54.5 - Current, Chronic, Not Improved/Same

**PLAN:****New Medication Orders:**

<u>Rx#</u>	<u>Medication</u>	<u>Order Date</u>	<u>Start Date</u>	<u>Quantity</u>	<u>Prescriber Order</u>
	TRAMADOL HCL 50 MG TABS	10/23/2020 08:17	10/23/2020	10	one tablet By Mouth two times daily x 5 day(s) Pill Line Only

Indication: Low back pain

**New Consultation Requests:**

<u>Consultation/Procedure</u>	<u>Due Date</u>	<u>Priority</u>	<u>Translator</u>	<u>Language</u>
Neurosurgery - Consultation		Routine (review within 14 days)	No	

Subtype:

Henry Ford Allegiance Neurosurgery

Reason for Request:

45 year old male, medical history of CBP. Onset of the back pain 9/2019, states he was doing "bend over roll", "90 #", states felt something at the time of the injury, 'sharp pain' with radiation to the lower leg, radiating to the right and left. Content of the pain is "up there, an 8 or 10". Better with no know cause, sometime with positioning, had been on relaxen, "don't work". Activity at present includes pull ups and dips. Sleep is "terrible" hard to sleep, some nites better than others.

8/5/20 EMG 'consistant with left L5 radiculopathy, lesser right L5 lumbar radiculopathy'

Per 9/22/20 UPHS neurosurgical follow up.

'Lifting injury one year ago, EMG revealing left L5 radiculopathy;

3/11/20 MRI demonstrates lower lumbar stenosis at L4-L5 and L5-S1 with central disc protrusions and significant segmental stenosis consequent to congenital short pedicles'. Patient a candidate for surgical intervention in light of the imaging and EMG findings. Recommend lumbar decompressive laminectomy L4, L5, S1 with fusion L4-S1. Reluctant to consider simple decompression, has mild lordosis, concern that subsequent disc herniation at L4-L5, L5-S1 may cause significant problems.

Patient will likely be in patient for several days, COVID issues in Marquette, request is for Neurosurgery consultation to consider surgery as above noted.

Provisional Diagnosis:

CBP with radiculopathy

Additional Records Required for Consultation:

Consultation Report(s), X-ray Image(s)

**Disposition:**

Education Provided

Kite PRN

**Other:**

---

Offender Name: THOMPSON, DERICO J

Date of Birth: [REDACTED]

Sex: M

Facility: KCF

Encounter Date: 10/23/2020 08:17

Provider: Stallman, Timothy [TS4]

Unit: E2

---

Discussed the neurosurgery consult with the patient, high probability of being inpatient, and post surgery PT, DWF neurosurgery consult.

**Patient Education Topics:**

<u>Date Initiated</u>	<u>Format</u>	<u>Handout/Topic</u>	<u>Provider</u>	<u>Outcome</u>
10/23/2020	Counseling	Access to Care	Stallman, Timothy	Verbalizes Understanding

Co-Pay Required: No      Cosign Required: No

Telephone/Verbal Order: No

Standing Order: No

Completed by Stallman, Timothy [TS4] DO on 10/23/2020 09:46

## Michigan Department of Corrections Clinical Encounter

Offender Name: THOMPSON, DERICO J

Offender: [REDACTED]

Date of Birth: [REDACTED]

Sex: M

Facility: KCF

Encounter Date: 11/04/2020 09:51

Provider: Damron, Joseph B. [JD2]

Unit: E2

Nursing Note encounter performed at Clinic.

**SUBJECTIVE:**

COMPLAINT 1 Provider: Damron, Joseph B. [JD2] RN

Chief Complaint: Musculoskeletal

Subjective: States lower back pain continues, I saw the Dr. a few wks ago and was started on Ultram x 5 days, it helped but order expired. Wondering if pain management has been notified or if off site appt with neurology has been scheduled? NKA, rates back pain as a 6/10, Denies any numbness or tingling to extremities x 4. States he has nothing for pain as this time. States he does have a HWB and applies it to lower back at least daily with relief. Denies lifting wts or playing sports. Denies any urinary problems.

Pain Location:

Pain Scale:

Pain Qualities:

History of Trauma:

Onset:

Duration:

Exacerbating Factors:

Relieving Factors:

Comments:

**ROS:****GI****General**

No: Incontinence of Stool

**GU****General**

No: Pain or Colic, Testicular Pain

**History****Personal Medical**

Yes: Medical Conditions Related to Encounter, Describe Symptoms, When did symptoms begin, What makes symptoms worse, What makes symptoms better  
see above RN notes

**Musculoskeletal****General**

No: Gait Abnormality

**Neurological****Autonomic System**

Yes: Control of Urination

**Sensory System**

No: Numbness

**OBJECTIVE:****Temperature:**

Date	Time	Fahrenheit	Celsius	Location	Provider
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Offender Name: THOMPSON, DERICO J

Off #: [REDACTED]

Date of Birth: [REDACTED]

Sex: M

Facility: KCF

Encounter Date: 11/04/2020 09:51

Provider: Damron, Joseph B. [JD2]

Unit: E2

Date	Time	Fahrenheit	Celsius	Location	Provider
11/04/2020	09:51	KCF	97.8	36.6	Damron, Joseph B. [JD2] RN

**Pulse:**

Date	Time	Rate Per Minute	Location	Rhythm	Provider
11/04/2020	09:51	KCF	70		Damron, Joseph B. [JD2] RN

**Respirations:**

Date	Time	Rate Per Minute	Provider
11/04/2020	09:51	KCF	18 Damron, Joseph B. [JD2] RN

**Blood Pressure:**

Date	Time	Value	Location	Position	Cuff Size	Provider
11/04/2020	09:51	KCF	121/77			Damron, Joseph B. [JD2] RN

**SpO2:**

Date	Time	Value(%)	Air	Provider
11/04/2020	09:51	KCF	100	Damron, Joseph B. [JD2] RN

**Height:**

Date	Time	Inches	Cm	Provider
11/04/2020	09:51	KCF	72.0	182.9 Damron, Joseph B. [JD2] RN

**Weight:**

Date	Time	Lbs	Kg	Waist Circum.	Provider
11/04/2020	09:51	KCF	157.6	71.5	Damron, Joseph B. [JD2] RN

**Exam:****Abdomen****Palpation**

No: Flank Tenderness

**General****Appearance**

Yes: Alert and Oriented to Time, Place, and Person

No: Appears in Distress, Appears in Pain

**Musculoskeletal****Back**

No: Normal Exam

46 yr old male ambulates to health services without incident, gait steady, sits and rises from sitting position without incident. points to lower thoracic/lumbar area bilateral as areas of pain, no swelling, no spasm noted, pt able to bend forward and touch toes but c/o increased lower back pain bilateral when doing so, rates pai as a 6/10. Per chart review pt was seen by MP on 10/23 for back pain., see MP notes/orders. Pt has hx of LS mid lumbar DJD L4-L5. Equal/strong hand grasps bilateral, brisk capillary refill nail beds< 3 seconds. Pt advised to apply HWB to back at least 4-5 x's daily x 30 minutes each, OTC ibuprofen 400mg po q 6-8 hrs prn for pain, 12 pkts issued, discussed back stretching exercises, do daily, referral made to MP, notify health services prn, states understanding.

**Neurologic****Motor System-Strength**

Yes: Normal Muscular Strength

**ASSESSMENT:**

Alteration in Comfort

r/t back pain

Offender Name: THOMPSON, DERICO J

Date of Birth: [REDACTED]

Sex: M

Off #: [REDACTED]

Facility: KCF

Encounter Date: 11/04/2020 09:51

Provider: Damron, Joseph B. [JD2]

Unit: E2

**PLAN:****Schedule:**

<u>Activity</u>	<u>Date Scheduled</u>	<u>Scheduled Provider</u>
MP Follow Up	11/06/2020 00:00	Medical Provider 1

MP 1 F/U appt 11/6 for c/o lower back pain increasing, Ultram expired, was helping, not on any analgesic.

**Disposition:**

Education Provided

Follow-up at Sick Call as Needed

Kite PRN

Refer to Provider

**Patient Education Topics:**

<u>Date Initiated</u>	<u>Format</u>	<u>Handout/Topic</u>	<u>Provider</u>	<u>Outcome</u>
11/04/2020	Counseling	Compliance - Treatment	Damron, Joseph B.	Verbalizes Understanding

Co-Pay Required: No

Cosign Required: No

Telephone/Verbal Order: No

Standing Order: No

Completed by Damron, Joseph B. [JD2] RN on 11/04/2020 10:17

## Michigan Department of Corrections Clinical Encounter - Administrative Note

Offender Name: THOMPSON, DERICO J

Off #: [REDACTED]

Date of Birth: [REDACTED]

Sex: M

Facility: KCF

Note Date: 11/05/2020 07:45

Provider: Stevens, Sharolyn M.

Unit: E2

Administrative encounter performed at Non Patient Contact.

**Administrative Notes:**

ADMINISTRATIVE NOTE 1

Provider: Stevens, Sharolyn M. [SS17]

Scheduling prep for offsite and c/r for provider re: outside 30 days.

**New Non-Medication Orders:**

<u>Order</u>	<u>Frequency</u>	<u>Duration</u>	<u>Details</u>	<u>Ordered By</u>
Prep	One Time		Fill out paperwork for HFAH Neurosurgery and give to Sharolyn when completed.	Stevens, Sharolyn M. [SS17]
Discontinue Reason:				
Order Date:		11/05/2020		
End Date:				

**Schedule:**

<u>Activity</u>	<u>Date Scheduled</u>	<u>Scheduled Provider</u>
Chart Review	11/09/2020 00:00	Medical Provider 1

Offsite was approved 10/27/20 and scheduled 12/7/20. This is more than 30 days, is this ok.

Co-Pay Required: No

Cosign Required: No

Telephone/Verbal Order: No

Standing Order: No

Completed by Stevens, Sharolyn M. [SS17] on 11/05/2020 07:49

## Michigan Department of Corrections Clinical Encounter - Administrative Note

Offender Name: THOMPSON, DERICO J

Off #:

Date of Birth:

Sex: M

Facility: KCF

Note Date: 11/17/2020 11:14

Provider: Stallman, Timothy [TS4]

Unit: E2

Chart Review/Update encounter performed at Non Patient Contact.

**Administrative Notes:****ADMINISTRATIVE NOTE 1**

Provider: Stallman, Timothy [TS4] DO

45 year old male, medical history of CBP, .

3/11/20 MRI L5 spine 'mild lumbar DJD, L4-L5 moderate central canal stenosis and bilateral neural foraminal stenosis, moderate sized broad based central disk herniation, L5-S1 small focal central disk herniation with bilateral neural foraminal stenosis.

8/5/20 EMG 'consistent with left L5 radiculopathy, lesser right L5 lumbar radiculopathy'

9/22/20 UPHS neurosurgical follow up, Lifting injury one year ago, EMG revealing left L5 radiculopathy; Patient a candidate for surgical intervention in light of the imaging and EMG findings.

Recommend lumbar decompressive laminectomy L4, L5, S1 with fusion L4-S1. Reluctant to consider simple decompression, has mild lordosis,

concern that subsequent disc herniations at L4-L5, L5-S1 may cause significant problems.

Offsite scheduled &gt; 30 days, not an issue.

Co-Pay Required: No

Cosign Required: No

Telephone/Verbal Order: No

Standing Order: No

Completed by Stallman, Timothy [TS4] DO on 11/17/2020 11:19

## Michigan Department of Corrections Clinical Encounter - Administrative Note

Offender Name: THOMPSON, DERICO J

Off #: [REDACTED]

Date of Birth: [REDACTED]

Sex: M

Facility: KCF

Note Date: 11/22/2020 17:20

Provider: Couturier, Gina [GC1] PA

Unit: E2

COVID-19 encounter performed at Non Patient Contact.

**Administrative Notes:**

ADMINISTRATIVE NOTE 1 Provider: Couturier, Gina [GC1] PA

Recent Covid 19 diagnosis. Supplements and labs ordered per protocol

**ASSESSMENTS:**

COVID-19, U07.1 - Current, Temporary/Acute, Initial

**New Medication Orders:**

<u>Rx#</u>	<u>Medication</u>	<u>Order Date</u>	<u>Start Date</u>	<u>Quantity</u>	<u>Prescriber Order</u>
	C-1000 Oral Tablet 1000 MG	11/22/2020 17:20	11/22/2020	14	1 tab By Mouth two times daily x 7 day(s)
	Indication: COVID-19				
	CHOLECALCIFEROL 5000 UNITS CAPS	11/22/2020 17:20	11/22/2020	7	1 cap By Mouth daily x 7 day(s)
	Indication: COVID-19				
	THIAMINE 100MG TABS	11/22/2020 17:20	11/22/2020	28	2 tabs By Mouth two times daily x 7 day(s)
	Indication: COVID-19				
	Zinc Sulfate Oral Capsule 50 MG	11/22/2020 17:20	11/22/2020	14	1 tab By Mouth two times daily x 7 day(s)
	Indication: COVID-19				
	MULTI-VITAMINS W/MINERALS/FE TABS	11/22/2020 17:20	11/22/2020	30	1 tab By Mouth daily PRN x 180 day(s) -- Covid 19 KITE FOR REFILLS may refill 5 times

Indication: COVID-19

**New Laboratory Requests:**

<u>Details</u>	<u>Frequency</u>	<u>Due Date</u>	<u>Priority</u>
All Lab Tests-C-COVID LAB PANEL	One Time	11/25/2020 00:00	Routine
Labs requested to be reviewed by : Jamros, Wendy [WJ] NP			
All Lab Tests-S-SARS-COV-2 IGG	One Time	12/08/2020 00:00	Routine
Labs requested to be reviewed by : Jamros, Wendy [WJ] NP			

Co-Pay Required: No

Cosign Required: No

Telephone/Verbal Order: No

Standing Order: No

Completed by Couturier, Gina [GC1] PA on 11/22/2020 17:24

## Michigan Department of Corrections Clinical Encounter - Administrative Note

Offender Name: THOMPSON, DERICO J

Off #: [REDACTED]

Date of Birth: [REDACTED]

Sex: M

Facility: KCF

Note Date: 12/06/2020 17:24

Provider: Kubont, Trisha [TK5] RN

Unit: E2

COVID-19 encounter performed at Housing Unit.

**Administrative Notes:****ADMINISTRATIVE NOTE 1**

Provider: Kubont, Trisha [TK5] RN

Reason seen: COVID positive evaluation

Acuity score: 0

Date/Time of last dose of Antipyretic and what was taken: none taken x 24 hours

Has OTCs in cell to use: yes

Provided OTCs : none requested

SOB: no

Cough: no

Sore Throat: no

Muscle Aches/Pain: no

Headache: yes

Diarrhea: no

Nausea: no

Sweats/Chills/Shaking: no

Loss of Taste/Smell: no

Fatigue: no

Nursing Education provided: instructed to increase fluid intake, wash hands frequently, cover your cough and sneeze with a tissue, wear your mask while outside your cube.

Additional Info: denies additional s/s.

**Temperature:**

Date	Time	Fahrenheit	Celsius	Location	Provider
12/06/2020	17:26	KCF	97.7	36.5	Kubont, Trisha [TK5] RN

**Pulse:**

Date	Time	Rate Per Minute	Location	Rhythm	Provider
12/06/2020	17:26	KCF	76		Kubont, Trisha [TK5] RN

**Respirations:**

Date	Time	Rate Per Minute	Provider
12/06/2020	17:26	KCF	16 Kubont, Trisha [TK5] RN

**Blood Pressure:**

Date	Time	Value	Location	Position	Cuff Size	Provider
12/06/2020	17:26	KCF	Unavailable			Kubont, Trisha [TK5] RN

**SpO2:**

Date	Time	Value(%)	Alr	Provider
12/06/2020	17:26	KCF	98	Kubont, Trisha [TK5] RN

**Weight:**

Date	Time	Lbs	Kg	Waist Circum.	Provider
12/06/2020	17:26	KCF	Unavailable	0.0	Kubont, Trisha [TK5] RN

Co-Pay Required: No

Cosign Required: No

Telephone/Verbal Order: No

Standing Order: No

Completed by Kubont, Trisha [TK5] RN on 12/06/2020 17:27

Generated 12/06/2020 17:27 by Kubont, Trisha [TK5] RN

MDOC - KCF

Page 1 of 1

## Michigan Department of Corrections Clinical Encounter - Administrative Note

Offender Name: THOMPSON, DERICO J

Date of Birth: [REDACTED]

Note Date: 12/16/2020 09:59

Sex: M

Provider: Knack, Jessica [JK6] RN

Off #: [REDACTED]

Facility: KCF

Unit: E2

COVID-19 encounter performed at Housing Unit.

**Administrative Notes:****ADMINISTRATIVE NOTE 1**

Provider: Knack, Jessica [JK6] RN

Reason seen: COVID positive evaluation

Temp: 98.1

Acuity Score: 0

SOB: no

Cough: no

Sore Throat: no

Muscle Aches/Pain: no

Headache: no

Diarrhea: no

Nausea: no

Fatigue: no

Sweats/Chills/Shaking: no

Loss of Taste/Smell: yes

Nursing Education provided: instructed to increase fluid intake, wash hands frequently, cover your cough and sneeze with tissue.

Additional info: nasal burning and congestion

Pt symptomatic until 12-12-2020. Unable to step down.

**Temperature:**

Date	Time	Fahrenheit	Celsius	Location	Provider
12/16/2020	09:58	KCF	98.1	36.7	Knack, Jessica [JK6] RN

**Pulse:**

Date	Time	Rate Per Minute	Location	Rhythm	Provider
12/16/2020	09:58	KCF	70		Knack, Jessica [JK6] RN

**Respirations:**

Date	Time	Rate Per Minute	Provider
12/16/2020	09:58	KCF	18 Knack, Jessica [JK6] RN

**SpO2:**

Date	Time	Value(%)	Air	Provider
12/16/2020	09:58	KCF	99	Knack, Jessica [JK6] RN

**Schedule:**

Activity	Date Scheduled	Scheduled Provider
COVID-19	12/28/2020 00:00	Nurse

Step down eval from 12-16-2020, last s/s 12-12-2020

Co-Pay Required: No Cosign Required: No

Telephone/Verbal Order: No

Standing Order: No

Completed by Knack, Jessica [JK6] RN on 12/16/2020 10:05

**Michigan Department of Corrections  
Clinical Encounter**

Offender Name: THOMPSON, DERICO J

Date of Birth: [REDACTED]

Sex: M

Encounter Date: 12/29/2020 14:53

Provider: Ball, Wendy L. [WB] RN

Facility: KCF  
Unit: E2

Administrative encounter at Non Patient Contact.

Reason Not Done: Refused

Comments: COVID Binax test for HFAH neurosurgery appt on 1/11/2021- complete testing and have spreadsheet completed and send to Sharolyn/wendy for reporting purposes. Fax result to 517-205-1713 \*\*DO NOT MOVE

Cosign Required: No

Completed by Ball, Wendy L. [WB] RN on 12/29/2020 14:53.

**Michigan Department of Corrections  
Clinical Encounter - Administrative Note**

Offender Name: THOMPSON, DERICO J

Date of Birth: [REDACTED]

Note Date: 01/05/2021 13:44

Sex: M

Provider: Stevens, Sharolyn M.

Off #:

Facility: KCF

Unit: E2

Administrative encounter performed at Non Patient Contact.

**Administrative Notes:**

ADMINISTRATIVE NOTE 1 Provider: Stevens, Sharolyn M. [SS17]

Offsite scheduled outside 30 days, c/r to provider.

**Schedule:**

**Activity**

**Date Scheduled   Scheduled Provider**

Chart Review - 30 Day Review

01/08/2021 00:00 Medical Provider 1

Offsite was approved 10/27/20 and has been rescheduled to 1/18/21 due to the provider being out of the office.  
This is more than 30 days, is this ok.

**Co-Pay Required:** No

**Cosign Required:** No

**Telephone/Verbal Order:** No

**Standing Order:** No

Completed by Stevens, Sharolyn M. [SS17] on 01/05/2021 13:46

## Michigan Department of Corrections Clinical Encounter - Administrative Note

Offender Name: THOMPSON, DERICO J

Date of Birth: [REDACTED]

Note Date: 01/15/2021 14:27

Sex: M

Provider: Stallman, Timothy [TS4]

Off #: [REDACTED]

Facility: KCF

Unit: E2

Chart Review/Update encounter performed at Non Patient Contact.

**Administrative Notes:****ADMINISTRATIVE NOTE 1**

Provider: Stallman, Timothy [TS4] DO

46 year old male, medical history of CBP,

3/11/20 MRI LS spine 'mild lumbar DJD, L4-L5 moderate central canal stenosis and bilateral neural foraminal stenosis, moderate sized broad based central disk herniation, L5-S1 small focal central disk herniation with bilateral neural foraminal stenosis.

8/5/20 EMG 'consistent with left L5 radiculopathy, lesser right L5 lumbar radiculopathy'

9/22/20 UPHS neurosurgical follow up. Lifting injury one year ago, EMG revealing left L5 radiculopathy; Patient a candidate for surgical intervention in light of the imaging and EMG findings.

Recommend lumbar decompressive laminectomy L4, L5, S1 with fusion L4-S1. Reluctant to consider simple decompression, has mild lordosis,

concern that subsequent disc herniations at L4-L5, L5-S1 may cause significant problems.

Offsite scheduled &gt; 30 days, not an issue. HFAH neurosurgery appt on 1/11/2021 Offsite approved 10/27/20 has been rescheduled again to 2/22/21 per MDOC. Not a clinical issue.

**Co-Pay Required:** No**Cosign Required:** No**Telephone/Verbal Order:** No**Standing Order:** No

Completed by Stallman, Timothy [TS4] DO on 01/15/2021 14:31

**Michigan Department of Corrections  
Clinical Encounter - Administrative Note**

Offender Name: THOMPSON, DERICO J

Date of Birth: [REDACTED]

Note Date: 02/12/2021 08:39

Sex: M

Provider: Stallman, Timothy [TS4]

Off #: [REDACTED]

Facility: KCF

Unit: E2

MP Chart Review encounter performed at Non Patient Contact.

**Administrative Notes:**

**ADMINISTRATIVE NOTE 1**

Provider: Stallman, Timothy [TS4] DO

46 year old male, medical history of CBP,

3/11/20 MRI LS spine 'mild lumbar DJD, L4-L5 moderate central canal stenosis and bilateral neural foraminal stenosis, moderate sized broad based central disk herniation, L5-S1 small focal central disk herniation with bilateral neural foraminal stenosis.

8/5/20 EMG 'consistent with left L5 radiculopathy, lesser right L5 lumbar radiculopathy'

9/22/20 UPHS neurosurgical follow up. Lifting injury one year ago, EMG revealing left L5 radiculopathy; Patient a candidate for surgical intervention in light of the imaging and EMG findings.

Recommend lumbar decompressive laminectomy L4, L5, S1 with fusion L4-S1. Reluctant to consider simple decompression, has mild lordosis,

concern that subsequent disc herniations at L4-L5, L5-S1 may cause significant problems.

Offsite scheduled > 30 days, not an issue. HFAH neurosurgery appt on was on 1/11/2021 Offsite approved 10/27/20 has been rescheduled again to 2/22/21 and rescheduled again per MDOC. Not a clinical issue.

Co-Pay Required: No

Cosign Required: No

Telephone/Verbal Order: No

Standing Order: No

Completed by Stallman, Timothy [TS4] DO on 02/12/2021 08:43

**Michigan Department of Corrections  
Clinical Encounter - Administrative Note**

Offender Name: THOMPSON, DERICO J

Date of Birth: [REDACTED]

Note Date: 02/12/2021 10:44

Sex: M

Provider: Stevens, Sharolyn M.

Off #: [REDACTED]

Facility: KCF

Unit: E2

Administrative encounter performed at Non Patient Contact.

**Administrative Notes:**

ADMINISTRATIVE NOTE 1      Provider: Stevens, Sharolyn M. [SS17]

Offsite rescheduled outside 30 days, scheduling chart review for provider.

**Schedule:**

<u>Activity</u>	<u>Date Scheduled</u>	<u>Scheduled Provider</u>
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Chart Review - 30 Day Review	02/17/2021 00:00	Medical Provider 1
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Offsite originally approved 10/27/2020 and rescheduled again to 04/06/2021. This is more than 30 days, is this ok.

Chart Review - 30 Day Review	03/17/2021 00:00	Medical Provider 1
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Offsite originally approved 10/27/2020 and rescheduled again to 04/06/2021. This is more than 30 days, is this ok.

**Co-Pay Required:** No

**Cosign Required:** No

**Telephone/Verbal Order:** No

**Standing Order:** No

Completed by Stevens, Sharolyn M. [SS17] on 02/12/2021 11:49

## Michigan Department of Corrections Clinical Encounter - Administrative Note

Offender Name: THOMPSON, DERICO J

Date of Birth: [REDACTED]

Sex: M

Off #: [REDACTED]

Note Date: 02/17/2021 09:25

Provider: Stallman, Timothy [TS4]

Facility: KCF  
Unit: E2

MP Chart Review encounter performed at Non Patient Contact.

**Administrative Notes:**

ADMINISTRATIVE NOTE 1

Provider: Stallman, Timothy [TS4] DO

46 year old male, medical history of CBP,

3/11/20 MRI LS spine 'mild lumbar DJD, L4-L5 moderate central canal stenosis and bilateral neural foraminal stenosis, moderate sized broad based central disk herniation, L5-S1 small focal central disk herniation with bilateral neural foraminal stenosis.

8/5/20 EMG 'consistent with left L5 radiculopathy, lesser right L5 lumbar radiculopathy'

9/22/20 UPHS neurosurgical follow up. Lifting injury one year ago, EMG revealing left L5 radiculopathy; Patient a candidate for surgical intervention in light of the imaging and EMG findings.

Recommend lumbar decompressive laminectomy L4, L5, S1 with fusion L4-S1. Reluctant to consider simple decompression, has mild lordosis,

concern that subsequent disc herniations at L4-L5, L5-S1 may cause significant problems.

Offsite scheduled &gt; 30 days, not an issue. HFAH neurosurgery appt on was on 1/11/2021 Offsite approved

10/27/20 has been rescheduled again to 2/22/21 and rescheduleed again, and again [4/2020] per MDOC. Not a clinical issue.

Co-Pay Required: No

Cosign Required: No

Telephone/Verbal Order: No

Standing Order: No

Completed by Stallman, Timothy [TS4] DO on 02/17/2021 09:29

## Michigan Department of Corrections Clinical Encounter

Offender Name: THOMPSON, DERICO J

Date of Birth: [REDACTED]

Encounter Date: 06/07/2021 16:24

Sex: M

Provider: Weist, Tara M. [TW3] NP

Off #: [REDACTED]

Facility: KCF

Unit: E2

MP XNR encounter performed at Clinic.

**SUBJECTIVE:****COMPLAINT 1** Provider: Weist, Tara M. [TW3] NP**Chief Complaint:** Musculoskeletal

**Subjective:** Pt presents with c/o low back pain, which has flared up. Has long h/o back pain with herniated disk, esp on left. Was seen by neurosurgeon at Henry Ford Hospital on 5/3/21 which surgery was not recommended. Pt states when he was getting out of bed that he felt pain then numbness go down both legs laterally and posteriorly. Sensation went all the way to toes. Currently rates pain 6-7/10. He states he buckled then fell to his knees on the floor. He had to use wheel chair to get to health care. He has never tried trigger point injections in lumbar area.

**Pain Location:****Pain Scale:****Pain Qualities:****History of Trauma:****Onset:****Duration:****Exacerbating Factors:****Relieving Factors:****Comments:**

PROVIDER  
VIGITS

**OBJECTIVE:****Temperature:**

Date	Time	Fahrenheit	Celsius	Location	Provider
06/07/2021	14:13 KCF	97.2	36.2		Eicher, Dawn K. [DE] RN

**Pulse:**

Date	Time	Rate Per Minute	Location	Rhythm	Provider
06/07/2021	14:13 KCF	75			Eicher, Dawn K. [DE] RN

**Respirations:**

Date	Time	Rate Per Minute	Provider
06/07/2021	14:13 KCF	16	Eicher, Dawn K. [DE] RN

**Blood Pressure:**

Date	Time	Value	Location	Position	Cuff Size	Provider
06/07/2021	14:13 KCF	135/79				Eicher, Dawn K. [DE] RN

**Weight:**

Date	Time	Lbs	Kg	Waist Circum.	Provider
06/07/2021	14:13 KCF	Unavailable	0.0		Eicher, Dawn K. [DE] RN

**Exam:****General****Appearance**

No: Appears in Distress

**Musculoskeletal**

Offender Name: THOMPSON, DERICO J

Date of Birth: [REDACTED]

Encounter Date: 06/07/2021 16:24

Sex: M

Provider: Weist, Tara M. [TW3] NP

Off #: [REDACTED]

Facility: KCF

Unit: E2

**Exam:**

**Back**

Yes: Tenderness

No: Normal Exam, Muscle Spasm, Swelling, Ecchymosis, Erythema

**Lumbar Spine ROM and Tests**

ROM very limited. He is able to stand up from wheel chair and uses exam table to guide self. He was able to stand while getting injection to left paravertebral trigger point. Tenderness and muscle knot superior to left lateral iliac crest.

**ASSESSMENT:**

Lumbosacral root disorders, not elsewhere classified, G54.4 - Current, Temporary/Acute, Initial

**PLAN:**

**Procedures**

**Therapeutic/Diagnostic Injection**

**Location**

Back - [L]

**Consent**

Complications, risks, alternatives discussed - [L]

Depomedrol 20mg with 1ml lidocaine 1% injected into left lumbar trigger point just superior to left lateral iliac crest. Pt tolerated procedure very well.

Co-Pay Required: No

Cosign Required: No

Telephone/Verbal Order: No

Standing Order: No

Completed by Weist, Tara M. [TW3] NP on 06/07/2021 16:26

## Michigan Department of Corrections Clinical Encounter

Offender Name: THOMPSON, DERICO J

Date of Birth: [REDACTED]

Sex: M

Off #: [REDACTED]

Facility: KCF

Encounter Date: 06/16/2021 09:18

Provider: Weist, Tara M. [TW3] NP

Unit: E2

MP Provider Encounter encounter performed at Clinic.

**SUBJECTIVE:**

COMPLAINT 1 Provider: Weist, Tara M. [TW3] NP

Chief Complaint: Musculoskeletal

**Subjective:** Pain in lower back, currently 5/10, bilateral hips since 2019, and occ radiates down bilateral legs to feet-varies on route "mostly on side, sometimes back of legs". L>R. Had injury to L4/L5 in weight pit years ago. Shooting pain that was causing his legs to buckle has resolved since receiving injection. He just received the naproxen so unsure how it is going to help. Took cymbalta in the past, but stopped after 2 weeks since he didn't feel as if it was helping. Discussed with him the need to take it longer before assessing affects. He is willing to try again. Has had fatigue the past 3 days. Seen neurosurgeon earlier this year for lumbar spine and he does not recommend surgery at this time

**Pain Location:****Pain Scale:****Pain Qualities:****History of Trauma:****Onset:****Duration:****Exacerbating Factors:****Relieving Factors:****Comments:****OBJECTIVE:****Temperature:**

Date	Time	Fahrenheit	Celsius	Location	Provider
06/16/2021	09:08 KCF	97.6	36.4		Krause, Jody M. [JK11] LPN

**Pulse:**

Date	Time	Rate Per Minute	Location	Rhythm	Provider
06/16/2021	09:08 KCF	69			Krause, Jody M. [JK11] LPN

**Respirations:**

Date	Time	Rate Per Minute	Provider
06/16/2021	09:08 KCF	16	Krause, Jody M. [JK11] LPN

**Blood Pressure:**

Date	Time	Value	Location	Position	Cuff Size	Provider
06/16/2021	09:08 KCF	125/85				Krause, Jody M. [JK11] LPN

**Height:**

Date	Time	Inches	Cm	Provider
06/16/2021	09:08 KCF	74.0	188.0	Krause, Jody M. [JK11] LPN

**Weight:**

Date	Time	Lbs	Kg	Waist Circum.	Provider
06/16/2021	09:08 KCF	161.0	73.0		Krause, Jody M. [JK11] LPN

**Exam:****Musculoskeletal**

Generated 06/17/2021 14:14 by Weist, Tara M. [TW3] NP

MDOC - KCF

Page 1 of 3

Offender Name: THOMPSON, DERICO J

Date of Birth: [REDACTED]

Sex: M

Facility: KCF

Encounter Date: 06/16/2021 09:18

Provider: Weist, Tara M. [TW3] NP

Unit: E2

**Exam:****Lumbar Spine ROM and Tests**

Yes: Forward Flexion, Hyperextension, Lateral Bending, Rotation, Lower Extremities Strength Symmetric, Achilles Deep Tendon Reflex Normal, Patellar Deep Tendon Reflex Normal

No: Straight Leg Raise Test

Slight increase in pain with hyperextension, rotation and lateral bending. Tenderness with palpation paravertebral lumbar spine.

**ASSESSMENT:**

Lumbosacral root disorders, not elsewhere classified, G54.4 - Current, Temporary/Acute, Improved

Low back pain, M54.5 - Current, Chronic, Improved

**PLAN:****New Medication Orders:**

Rx#	Medication	Order Date	Start Date	Quantity	Prescriber Order
	NAPROXEN 500 MG TABS	06/16/2021 09:18	06/17/2021	60	Take 1 tab By Mouth two times daily PRN x 125 day(s)
	CHELATED MAGNESIUM MAG OXIDE/AMINO ACIDS 133MG TABS	06/16/2021 09:18	06/17/2021	90	Take 1 tab By Mouth three times daily x 125 day(s)
	DULOXETINE HCL 30 MG CAPS	06/16/2021 09:18	06/17/2021	30	Take 1 cap By Mouth at bedtime x 125 day(s) Pill Line Only

Indication: Low back pain, Lumbosacral root disorders, not elsewhere classified

Indication: Lumbosacral root disorders, not elsewhere classified

Indication: Lumbosacral root disorders, not elsewhere classified

**New Laboratory Requests:**

Details	Frequency	Due Date	Priority
* Top 100 Labs-S-SEDIMENTATION RATE (WSR)	One Time	06/23/2021 00:00	Routine
All Lab Tests-C-C-REACTIVE PROTEIN (CRP), NON-CARDIAC			
All Lab Tests-R-RHEUMATOID FACTOR (RA)			
* Top 100 Labs-C-CBC/DIFF/PLT			
* Top 100 Labs-V-VITAMIN D, 25-HYDROXY			
* Top 100 Labs-V-VITAMIN B12 (VB12)			

**Schedule:**

Activity	Date Scheduled	Scheduled Provider
MP Follow Up	08/04/2021 00:00	Medical Provider 2

f/u lumbosacral neuritis s/p starting cymbalta, Magnesium and naproxen 6 weeks ago.

**Disposition:**

Education Provided

**Other:**

Given spine conditioning handout.

**Patient Education Topics:**

Date Initiated	Format	Handout/Topic	Provider	Outcome

Generated 06/17/2021 14:14 by Weist, Tara M. [TW3] NP

MDQC - KCF

Page 2 of 3

## Michigan Department of Corrections Clinical Encounter

Offender Name: THOMPSON, DERICO J

Date of Birth: [REDACTED]

Sex: M

Off #: [REDACTED]

Encounter Date: 09/01/2021 09:58

Provider: Welst, Tara M. [TW3] NP

Facility: KCF

Unit: E2

MP Provider Encounter encounter performed at Clinic.

**SUBJECTIVE:**

COMPLAINT 1 Provider: Welst, Tara M. [TW3] NP

Chief Complaint: Musculoskeletal

Subjective: f/u of pain in lower back s/p d/c of cymbalta per pt request due to s/e and taking 20 day tapered dose of prednisone. He continues to take magnesium which he did notice some improvement, previously stated it helped "improve day-to-day functioning". Prednisone decreased pain to 5-6/10. Current pain 5-6/10. Since stopping the prednisone he had flare up last night, had to stretch due to it "aching so bad". Pt reports pain for the most part is controlled except for after rest whether it is sitting or laying down. Discussed importance of routine stretching/ROM.

He has had chronic pain in bilateral hips since 2019, and occ radiates down bilateral legs to feet-varies on route. L>R. Had injury to L4/L5 in weight pit years ago. Shooting pain that was causing his legs to buckle has resolved since receiving injection. Continues to have fatigue. Seen neurosurgeon earlier this year for lumbar spine and he does not recommend surgery at this time. Has bulging disks at L4/L5/S1. Will trial course of prednisone

Pain Location:

Pain Scale:

Pain Qualities:

History of Trauma:

Onset:

Duration:

Exacerbating Factors:

Relieving Factors:

Comments:

**OBJECTIVE:****Temperature:**

Date	Time	Fahrenheit	Celsius	Location	Provider
09/01/2021	09:36 KCF	97.9	36.6		Hopkins, Taylor [TH8] RCA

**Pulse:**

Date	Time	Rate Per Minute	Location	Rhythm	Provider
09/01/2021	09:36 KCF	67			Hopkins, Taylor [TH8] RCA

**Respirations:**

Date	Time	Rate Per Minute	Provider
09/01/2021	09:36 KCF	14	Hopkins, Taylor [TH8] RCA

**Blood Pressure:**

Date	Time	Value	Location	Position	Cuff Size	Provider
09/01/2021	09:36 KCF	123/82				Hopkins, Taylor [TH8] RCA

**SpO2:**

Date	Time	Value(%) Air	Provider
09/01/2021	09:36 KCF	100	Hopkins, Taylor [TH8] RCA

**Height:**

Offender Name: THOMPSON, DERICO J

Date of Birth: [REDACTED]

Encounter Date: 09/01/2021 09:58

Sex: M

Provider: Weist, Tara M. [TW3] NP

Off #: [REDACTED]

Facility: KCF

Unit: E2

Date	Time	Inches	Cm	Provider
09/01/2021	09:36 KCF	74.0	188.0	Hopkins, Taylor [TH8] RCA

## Weight:

Date	Time	Lbs	Kg	Waist Circum.	Provider
09/01/2021	09:36 KCF	160.2	72.7		Hopkins, Taylor [TH8] RCA

## Exam:

## General

## Appearance

Yes: Appears Well

No: Appears In Distress, Appears In Pain

## Musculoskeletal

## Gait

Yes: Normal Gait

No: Guarded Gait

Good trunk strength with raising and lowering to chair.

## ASSESSMENT:

Lumbosacral root disorders, not elsewhere classified, G54.4 - Current, Temporary/Acute, Improved

## PLAN:

## New Medication Orders:

Rx#	Medication	Order Date	Start Date	Quantity	Prescriber Order
	APAP 325MG TABS	09/01/2021 09:58	09/01/2021	60	Take 1 tab By Mouth two times daily PRN x 365 day(s) - May take with naproxen.

Indication: Low back pain, Lumbosacral root disorders, not elsewhere classified

Rx#	Medication	Order Date	Start Date	Quantity	Prescriber Order
	CHELATED MAGNESIUM MAG OXIDE/AMINO ACIDS 133MG TABS	09/01/2021 09:58	09/01/2021	60	Take 1 tab By Mouth two times daily x 365 day(s)

Indication: Low back pain, Lumbosacral root disorders, not elsewhere classified

## Renew Medication Orders:

Rx#	Medication	Order Date	Start Date	Quantity	Prescriber Order
5240680	NAPROXEN 500 MG TABS	09/01/2021 09:58	09/01/2021	60	TAKE 1 TAB BY MOUTH TWICE DAILY AS NEEDED x 365 day(s)

Indication: Low back pain, Lumbosacral root disorders, not elsewhere classified

## Schedule:

Activity	Date Scheduled	Scheduled Provider
MP Follow Up	10/20/2021 00:00	Medical Provider 2

f/u lumbosacral neuritis, lumbar arthritis. Reassessment. rev 9/1 note

## Disposition:

Education Provided

## Other:

Continue with spine conditioning exercises daily. Naproxen and tylenol together. DO NOT TAKE OTHER NSAIDs clearly explained to pt.

## Michigan Department of Corrections Clinical Encounter

Offender Name: THOMPSON, DERICO J

Date of Birth: [REDACTED]

Sex: M

Off #: [REDACTED]

Encounter Date: 10/20/2021 09:42

Provider: Weist, Tara M. [TW3] NP

Facility: KCF

Unit: E2

MP Provider Encounter encounter performed at Clinic.

**SUBJECTIVE:**

COMPLAINT 1 Provider: Weist, Tara M. [TW3] NP

Chief Complaint: Musculoskeletal

Subjective: f/u of pain in lower back. He continues to take magnesium (but has only been taking once daily) which he did notice some improvement, previously stated it helped "improve day-to-day functioning". Taking naproxen and acetaminophen PRN, but has been out of naproxen for about 5 days. Previously trialed course of prednisone which decreased pain to 5-6/10. Since being out of prednisone the last 5 nights have been really hard, legs going numb. Current pain 4-5/10, "right now I'm actually good", "It's just at night time it's flaring up". Pt reports pain for the most part is controlled except for after rest whether it is sitting or laying down. Discussed importance of continued routine stretching/ROM.

[History: He has had chronic pain in bilateral hips since 2019, and occ radiates down bilateral legs to feet-varies on route. L>R. Had injury to L4/L5 in weight pit years ago. Shooting pain that was causing his legs to buckle has resolved since receiving injection. Continues to have fatigue. Seen neurosurgeon earlier this year for lumbar spine and he does not recommend surgery at this time. Has bulging disks at L4/L5/S1.]

Pain Location:

Pain Scale:

Pain Qualities:

History of Trauma:

Onset:

Duration:

Exacerbating Factors:

Relieving Factors:

Comments:

**OBJECTIVE:****Temperature:**

Date	Time	Fahrenheit	Celsius	Location	Provider
10/20/2021	09:39	KCF	98.2	36.8	Hopkins, Taylor [TH8] RCA

**Pulse:**

Date	Time	Rate Per Minute	Location	Rhythm	Provider
10/20/2021	09:39	KCF	66		Hopkins, Taylor [TH8] RCA

**Respirations:**

Date	Time	Rate Per Minute	Provider
10/20/2021	09:39	KCF	16 Hopkins, Taylor [TH8] RCA

**Blood Pressure:**

Date	Time	Value	Location	Position	Cuff Size	Provider
10/20/2021	09:39	KCF	133/81			Hopkins, Taylor [TH8] RCA

**SpO2:**

Date	Time	Value(%)	Air	Provider
10/20/2021	09:39	KCF	99	Hopkins, Taylor [TH8] RCA

Generated 10/20/2021 10:06 by Weist, Tara M. [TW3] NP

MDOC - KCF

Page 1 of 2

Offender Name: THOMPSON, DERICO J

Date of Birth: [REDACTED]

Encounter Date: 10/20/2021 09:42

Sex: M

Provider: Weist, Tara M. [TW3] NP

Off #: [REDACTED]

Facility: KCF

Unit: E2

Date	Time	Value(%)	Alt	Provider
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## Height:

Date	Time	Inches	Cm	Provider
10/20/2021	09:39 KCF	74.0	188.0	Hopkins, Taylor [TH8] RCA

## Weight:

Date	Time	Lbs	Kg	Waist Circum.	Provider
10/20/2021	09:39 KCF	165.6	75.1		Hopkins, Taylor [TH8] RCA

## Exam:

## Musculoskeletal

## Lumbar Spine ROM and Tests

Yes: Forward Flexion, Hyperextension, Lateral Bending, Rotation

No: Straight Leg Raise Test

Tenderness left paravertebral and inferior to left iliac crest

## ASSESSMENT:

Lumbosacral root disorders, not elsewhere classified, G54.4 - Current, Temporary/Acute, Improved

Low back pain, M54.5 - Current, Chronic, Improved

## PLAN:

## New Medication Orders:

Ref	Medication	Order Date	Start Date	Quantity	Prescriber Order
	DEPO-Medrol Injection Suspension 80 MG/ML	10/20/2021 09:42	10/20/2021	1	Inject 0.25ml Intramuscularly one time x 30 day(s) - Into each trigger point. FOR PROCEDURE

Indication: Low back pain, Lumbosacral root disorders, not elsewhere classified

## Schedule:

## Activity

Procedure

Date Scheduled Scheduled Provider

11/03/2021 00:00 Medical Provider 2

PROCEDURE: Trigger point injections 2-3

## Disposition:

Education Provided

## Other:

Encouraged to take magnesium as ordered.

## Patient Education Topics:

Date Initiated	Format	Handout/Topic	Provider	Outcome
10/20/2021	Counseling	Plan of Care	Weist, Tara M.	Verbalizes Understanding

Co-Pay Required: No

Cosign Required: No

Telephone/Verbal Order: No

Standing Order: No

Completed by Weist, Tara M. [TW3] NP on 10/20/2021 10:06

Generated 10/20/2021 10:06 by Weist, Tara M. [TW3] NP

MDOC - KCF

Page 2 of 2